

CITY KIDS

SPRING 2018 N° 16

WIN!

**THREE Micro Cruisers
worth £400**



**OUTDOOR
LEARNING**

Whacky or
wonderful?



**CAN'T COOK,
WON'T COOK**

Easy cooking for your family

OVER 300

Classes for Babies,
Little Kids & Big Kids

WHAT'S ON EDUCATION FASHION BOOKS ACTIVITIES

LONDON'S FAVOURITE TRAMPOLINE PARK

CITY KIDS SPECIAL OFFER

SAVE 10%

USE CODE: CITYKIDS10

T&C'S APPLY

VALID UNTIL: 31.05.18

**PUT A SPRING
IN YOUR STEP!**

KENDAL AVENUE, WEST ACTON W3 0AF

BOOK NOW

OXYGENFREEJUMPING.CO.UK

CALL

0203 846 1386

OXYGEN

FREEJUMPING

WELCOME



COVER IMAGE: Bonton
www.bonton.fr

London store:
235 Westbourne Grove, W11 London
Tel 0207 792 8200

editor@citykidsmagazine.co.uk

citykidsmagazine.co.uk

07770 370 353

citykidswest

@citykidswest

citykidsmagazine



To receive our newsletters, please
sign up via our website at
www.citykidsmagazine.co.uk

For all advertising enquiries email
Allie Gill
allie@allulla.co.uk

Much as I love the cosiness of warm jumpers and fires in the hearth during winter, nothing brings a spring to my step like longer daylight hours. Spring is finally here, and we celebrate the new season with an issue packed with things to do (p6-10), fashion for puddle jumping (p17) and the launch of our new Food pages (p20), bringing you news from local restaurants and food businesses, as well as a feature on how to cook for the family if the kitchen is not your natural domain.

If you're dreaming of getting away, our Trips pages (p38-39) offer ideas for weekends away or longer stays, home or abroad. Perfect for days out we have THREE Micro Cruisers worth £130 each to giveaway - head to p9 to find out how to win these and other prizes.

Are you thinking about choosing a nursery or school where outdoor learning is part of the curriculum? The Good Schools Guide's, Susan Hamlyn, asks whether this is a passing phase in education, or here to stay.

And to find out who we're featuring in the latest Who is...? article, turn to p50 to meet a local entrepreneur who is learning how to juggle work with the newest member of the family.

Below left, you'll see QR code which, when scanned, takes you directly to our website. It takes 30 seconds to download a QR reader from your app or android store which you can use here to find additional events we couldn't squeeze into this edition, as well as extra What's On, extended interviews and features and all our directories. So even if you leave the magazine at home, we can still be your relevant local guide when you're out and about.

Victoria Evans

INDEX

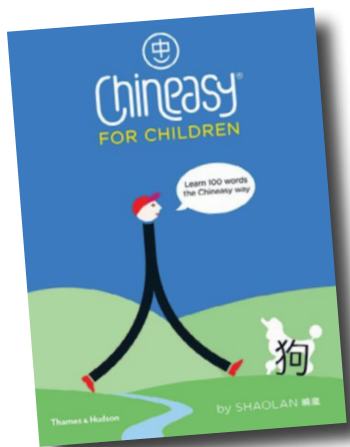
| | | | |
|----|-------------------|----|----------------------|
| 04 | WE LOVE | 22 | INTERIORS |
| 06 | WHAT'S ON | 24 | EDUCATION |
| 13 | BEVERLEY TURNER | 36 | BOOK REVIEW |
| 14 | FASHION | 37 | SHARKY & GEORGE |
| 17 | STYLE | 38 | TRIPS |
| 18 | FOOD EASY COOKING | 42 | DIRECTORIES |
| 20 | FOOD NEWS | 50 | WHO IS STEPH DOUGLAS |



CITY KIDS **editor** Victoria Evans **designer** Caroline Hays **contributors** Mandy Colliss, Beverley Turner, Jo Pratt, Sharon Fried-Jones, Ahrani Logan, Susan Hamlyn, Romaine Coonghe, Shirley Khan

This publication may not be reproduced in whole or part by any means without prior consent of the publisher. Whilst every effort has been made to ensure accuracy of the content at the time of publication, the publishers shall not be held responsible in any way for any inaccuracies or omissions. The opinions of those expressed in this magazine are not necessarily those of the publisher or CITY KIDS LTD. © 2018 CITY KIDS LTD. ALL RIGHTS RESERVED. T 07770 370 353

WE
LOVE



EASY, PEASY, CHINEASY™

Shaolan Hsueh, a Taiwanese entrepreneur based in London, couldn't find an effective way of teaching her children Chinese, so she developed a groundbreaking visual method to make reading characters fun and easy. *Chineasy™: Everyday* is the latest addition to her range of books and memory cards.

£19.95 www.thamesandhudson.com

BILD YOUR OWN

One of our recent finds is Bildy's Megaboards Construction kits - a building toy for kids over three which leads them to design, build and play inside their own spaces. Ideas include a playhouse, car, truck, tunnel and den.

From £65
www.bildy.co.uk



Animal Magic



Take 40 fairtrade wooden blocks, a creative studio in Amsterdam and an instruction booklet and you get Plentimals. There are 120 animals to build, each one a piece of art in itself.

£38 www.ottieandthebea.com

INSPIRATIONAL BASKETRY



West London-based Artisanne works directly with weavers in the Thiès region of Senegal, where weaving techniques have been handed down from generation to generation. Elizabeth and Emma have grown the enterprise from five weavers to 72 over the last six years, ensuring that the women earn a fair and secure income for their products. And what more stylish way to store kids' stuff?

From £12 www.artisanne.co.uk

Pocket money pins



Retro rainbows, unicorns and now llamas are all the rage in the pin world. We love the fun, the kitch and the affordability of these enamel badges, their flashes of colour brightening up any denim label or rucksack.

£6 www.acornandwill.co.uk

Bl**dy Norah!

Little Flea is a beautifully curated on-line directory of brands for little people and their nearest and dearest. Our pick for 11th March (or any other time) is Norah's Brownies. They're naturally free of gluten, dairy and refined sugar, and come with a range of jaw-droppingly delicious toppings. You try to resist...no go on...

From £14

www.norahsbrownies.com
www.littleflea.co.uk



March

11

MOTHER'S DAY AT HAM HOUSE

Ham House, Richmond
www.nationaltrust.org.uk



Visit Ham for a special tea-themed Mother's Day, with tea activities, children's trails and special talks throughout the day.

NT/John Millar

18

PERFECT PIXL PRINTS

Museum of London, London Wall
www.museumoflondon.org.uk



© Museum of London

A drop-in workshop using the Pixlr app on iPads. Learn how to create blueprints using a process that lasted well into the 20th century.

From 23

MICHAEL ROSEN'S CHOCOLATE CAKE

Polka Theatre, Wimbledon
www.polkatheatre.com



Follow the adventures of two brothers and the disappearance of a chocolate cake in this musical adaptation of Michael Rosen's poem.

24

WONDROUS LIBRARIES

The British Library, St Pancras
www.bl.uk



Join this creative workshop at the wonderful British Library and explore different materials to design your own extraordinary library map.

24

RAVE-A-ROO

Ministry of Sound, SE1
www.rave-a-roo.com



Experience the mega-trend that is kids raves at none other than the legendary Ministry of Sound super club.

27 to 31

THOROUGHLY MODERN millie

STARRING
CORONATION STREET
AND EMMERDALE'S
HAYLEY
TAMADDON

Richmond Theatre
www.atgtickets.com/richmond

Thoroughly Modern Millie is based on the Academy Award-winning film of 1967 set in jazzy 1920s New York.

From 28

GEORGE'S MARVELLOUS MEDICINE

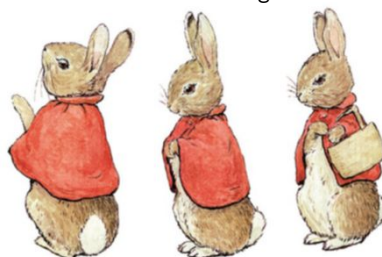
Rose Theatre Kingston
www.rosetheatrekingston.org

See Roald Dahl's treasured tale brought to phizz-whizzing life with growing grannies, feathery farm animals and bags of frothbuggling fun.

From 30

PETER RABBIT AT KEW

Royal Botanic Gardens, Kew
www.kew.org



© Beatrix Potter™ © Frederick Warne & Co. 2018

This Easter festival includes an interactive trail inspiring children to connect with nature, plus workshops, games, storytelling and crafts.

30 & 31

balletLORENT RUMPELSTILTSKIN



Photo: Bill Cooper - Dancer: Gavin Coward ©

Part of Sadler's Wells' Family Weekend, this fantastical dance-theatre adaptation is set in a spellbinding fairy-tale world of spinning wheels, magic, kings and queens.



When it comes to your children's health, a severe toothache – or worse, a dental injury – ranks pretty highly on the list of things you'd like them to avoid. Dental emergencies can be stressful and traumatic – but this is 2018, folks! With the right education, technology and resources at our disposal, dental emergencies can and should be a thing of the past. Happy Kids Dental, a new children-only practice in Marylebone, is serious about eliminating the dental emergency. Here's how they're going about it:

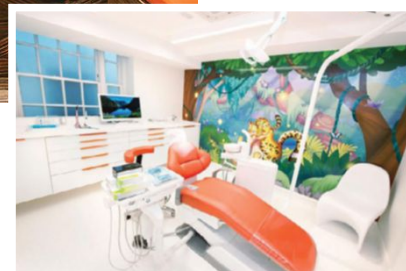
THEY MAKE THE DENTIST FUN. Happy Kids Dental is as famous for its play areas, replete with iPads, games consoles and the occasional party entertainer, as it is for its bright treatment rooms that don't feel (or smell, or sound) clinical or scary. With a team specially trained to talk to kids on their level, the practice creates positive associations with the dentist that stay with kids for life.

THEY GET THE PREVENTIVE MESSAGE ACROSS. The Happy Kids Dental team is always finding creative ways to get kids on board with brushing properly and eating mindfully, from the age of 0 right through to 18. If your child is enthusiastic about oral health at home, and looks forward to their regular check-ups, they're already set up for a lifetime of worry-free smiles.

THEY INSTIL CONFIDENCE IN THE WHOLE FAMILY. Happy Kids Dental takes the stress out of dental care. If you spot a problem and know your child can be seen easily by their dentist, you won't put off having their teeth checked. With year-round evening and weekend appointments, Happy Kids Dental can see your child quickly, eliminating minor problems before they develop into dental disasters.

COULD THE 21ST CENTURY SPELL THE END OF THE DENTAL EMERGENCY FOR KIDS?

With a great paediatric dentist that gets kids on board from the get-go, dental emergencies should be a thing of the past.



THEY CAN HELP PREVENT INJURY. Happy Kids Dental's bespoke sports guards offer enhanced protection against tooth damage, tooth loss and jaw fracture. But that's not all. By providing a wide breadth of dental services in-house, such as early-intervention orthodontics, the practice can closely monitor your child's jaw and teeth development, ultimately reducing their risk of a dental emergency.

THEY'VE GOT ALL THE RIGHT TECH. Technology takes the fear out of dental care – which makes for happy kids and happy parents who trust the advice of their dentist. From The Wand painless anaesthesia to low-radiation dental x-ray, the practice's 15 state-of-the-art surgeries are equipped with ways of making treatment faster and more comfortable than ever before.

So next time you're battling with your kids' brushing, or worrying if that shop-bought sports guard is going to cut it on the hockey pitch, consider the benefits of a paediatric private dentist.

Happy Kids Dental offers free tours of its practice so parents can see how they're doing dentistry differently. And who knows, maybe the dental emergency really will be consigned to the history books!

Happy Kids Dental 020 7078 0822
74-78 Seymour Street, London W1H 2EH

April

Until 2

EASTER EGG TRAIL

Battersea Park Children's Zoo
www.batterseaparkzoo.co.uk



It's not just kids in for a treat this Easter! Head to Battersea Zoo to see what the animals have.

4 to 8

DISNEY ON ICE

Wembley SSE Arena
www.disneyonice.com



Another truly magical Disney on Ice experience with Lightning McQueen, The Little Mermaid, Toy Story favourites and loads more characters.

6

WIGGLY WILD SHOW

Chelsea Physic Garden
www.chelseaphysicgarden.co.uk



Discover the wonderful world of mini-beasts, bugs, reptiles and creepy crawlies including hermit crabs, chameleons, hissing cockroaches and more!

7 & 14

MAKE SWIMMING TURTLE TOYS

Horniman Museum
www.horniman.ac.uk



Celebrate Year of the Reef by making a turtle toy with brilliant 'swimming' movement. For families with children aged 3+.

Photo by Megan Taylor

Until 15

THE LINDT EASTER EGG HUNT

Hampton Court Palace
www.hrp.org.uk



Go in search of the Lindt Gold Bunny. Discover interesting stories along the way and win chocolate prizes. From 26 March.

21

LITTLE GREEN FINGERS

Fulham Palace
www.fulhampalace.org



A hands-on gardening workshop for kids to explore how vegetables and flowers grow, including sowing, planting and nurturing them.

24 to 28

AWFUL AUNTIE

New Wimbledon Theatre
www.atgtickets.com/wimbledon



David Walliams' tale of frights, fights and friendship, featuring a large owl, a small ghost and an awful Auntie!

28 & 29

IMPERIAL FESTIVAL

Imperial College London
www.imperial.ac.uk/festival



Imperial College's free annual festival returns this year, featuring interactive experiments, new technology demonstrations, lab tours and much more.

29

JOHN HEGLEY: ALL HAIL THE SNAIL (and other creatures)

Watermans
www.watermans.org.uk



Rhythm and rhyme and chaotic comedy from the celebrated poet, author and performer described as "scandalously talented" by The Sunday Times. 7-11 yrs.

Genevieve Reed Allen

Win!

To enter, visit www.citykidsmagazine.co.uk/competitions

MICRO CRUISER SCOOTER

City Kids has teamed up with **Micro Scooter** to give you the opportunity to win ONE of THREE new Micro Cruiser Scooters.

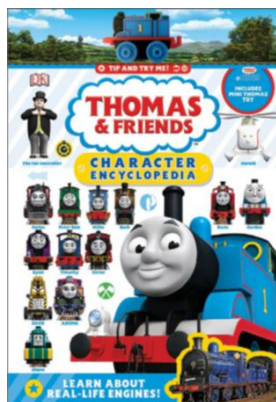
Think big wheels are just for adults? Think again! Cruise the school run in style on board the cool new Micro Cruiser. It offers children a chance to travel further, faster, with an even smoother ride, as the larger wheels mean less effort and can help to iron out any lumps and bumps in the pavement. The bicycle-style handlebars, provide stability and control for those new to two wheels. As with all their aluminium scooters, the Micro Cruiser can be folded up to make it easy to carry and store. Each one is worth £129.95 so enter now!

www.micro-scooters.co.uk



THOMAS & FRIENDS ENCYCLOPEDIA

The stories may be decades old, but Thomas & Friends continues to be a favourite generation after generation. Newly released, this character encyclopedia is packed with fun facts, artwork and profiles and comes with a Thomas & Friends Minis model. Did You Know boxes enable readers to learn more about their favourite engines and discover which real-life vehicles they were based on.



www.dk.com

SUPERHERO SNAP!

Fans of illustrator Jason Ford and his 'The Superhero Comic Kit' will love this Superhero SNAP! card game. Putting a new superhero spin on the popular card game, children race to be the first to collect all of the cards, battling it out with slimy monsters, rocket men, dastardly villains and more!

www.laurenceking.com



May

From 5



Royal Albert Hall
www.royalalberthall.com

The inaugural Festival of Science will explore space through concerts, talks, screenings and comedy events for young and old.

5 to 7

CANALWAY CAVALCADE

Little Venice
www.waterways.org.uk



Take the kids to see the many colourful narrowboats adorned with flowers and bunting for this annual three-day party.

From 17

PETER PAN

Regent's Park Open Air Theatre
www.openairtheatre.com



Tristram+Kenton

The spellbinding reinvention of Peter Pan is back in these magical surroundings. Just remember to pack a broly!

19 & 20

SPECIAL CHILDREN'S DAY

London Zoo, Regent's Park
www.zsl.org



© ZSL.jpg

ZSL London Zoo welcomes children with special needs and their families and friends for this unique annual event.

20

DUCK POND MARKET

The Great Barn, Manor Farm, Ruislip
www.duckpondmarket.com



Face painting, music and even a petting zoo keeps the kids happy and occupied at this buzzing monthly market.

25 to 27

MCM LONDON COMIC CON

ExCel London, Docklands
www.mcmcomiccon.com/london



Seeing really is believing at this massive geekfest for fans of movies, TV, sci-fi, comics, cosplay, anime and gaming.

26 to 28

FOODIES FESTIVAL

Syon Park, Brentford
www.foodiesfestival.com



Take part in the fantastic kiddy cookery classes at the Foodies Festival and check out the many delicious stalls.

From 29

THE GINGERBREAD MAN

Lyric Hammersmith
www.lyric.co.uk



A brilliant mix of puppetry, live action, great music, humour and a stunning staging of this well-loved classic tale.

From 29

NOT NOW BERNARD

Unicorn Theatre, Tooley Street
www.unicorntheatre.com



David McKee's iconic picture book will be vividly brought to life in a brand new version at the Unicorn Theatre.

30th March - 15th April 2018

EASTER EGGSTRAVAGANZA

FANTASTIC FAMILY FUN THIS SPRING!

WE'RE LAMBING
Hundreds of baby lambs due

Meet the Shepherd

Easter Trail with Chocolate treats

PLUS
Animal handling, goat milking, tractor rides, pig racing and pony rides daily!

OVER 400 BABY LAMBS DUE

BOCKETTS FARM PARK

Award Winning!

Situated in Leatherhead, Surrey. 5 minutes from J9 M25.

www.bockettsfarm.co.uk

CK

First Hand
EXPERIENCES

Nature inspired creativity for children aged 3-11

Outdoor Exploration - Whole Food Adventures
Natural Arts and Craft - Music, Games and Theatre

Book now for our spring and summer holiday camps based at Fulham Palace, SW6 6EA!

www.firsthandexperiences.co.uk | 01843 652833

FLIPOUT™

BRENT CROSS

SPRING INTO...

TRAMPOLINE ARENA

NINJA WARRIOR

TRICK PARK

LASER MAZE

[f](https://www.facebook.com/FLIPOUTBRENTCROSS) [i](https://www.instagram.com/FLIPOUTBRENTCROSS) @FLIPOUTBRENTCROSS

BRENTCROSS@FLIPOUT.CO.UK | FLIPOUT.CO.UK/BRENT-CROSS
STAPLES CORNER RETAIL PARK, GERON WAY, NW2 6LW | 020 8050 2391

watermans

BOOK NOW!

THE BEST IN FAMILY THEATRE

John Hegley and Noggin the Nog are highlights of our Sunday afternoon family theatre this spring. Come and see!

Box Office: 020 8232 1010
watermans.org.uk

London Borough of Hounslow

ARTS COUNCIL ENGLAND

The Sagas of Noggin The Nog

et patati
patata!
100% french Club 100% french fun!

Ma petite école
du samedi Flam!

For 3-14
year olds



Led by an experienced, certified native french speaking primary teacher (école française). FLAM. De 3 à 14 ans. Niveaux maternelles, primaires et collèges. Cursus scolaire des écoles françaises. Bibliothèque, activités et évènements culturels francophones. Awarded Silver Supplementary school.

Where? Fulham, Parsons Green. Thomas's Academy.

When? Tous les samedis de 9h à 13h30.

More Info on: caroline@etpatatipatata.com

Tel 07966893674 • www.etpatatipatata.com

And also Fun French Day
Camp Fulham March,
Summer 2018!



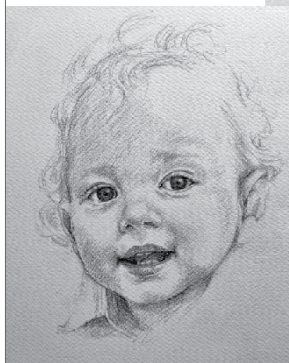
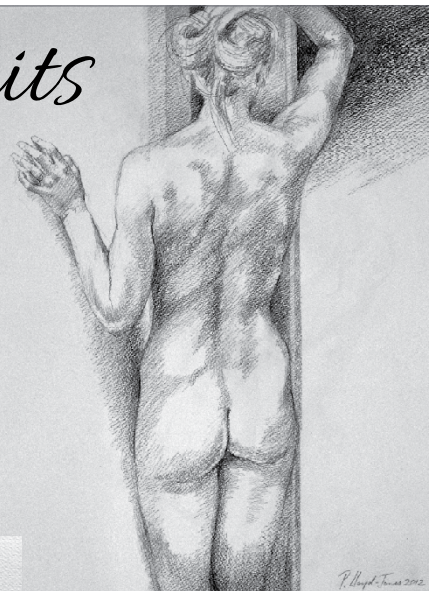
Portraits

by

Pamela Lloyd-Jones

recommended by
lots of delighted
clients countrywide.

Nude portraits of
lovely mums who never
know what to gift their
partners



Portraits capturing your children at
their angelic best.
Creating **artworks** as well as
recording lovely moments.

Pamela Lloyd-Jones
www.pamelalloydjones.com
07941938466
Studio in West London



360°
SOLUTIONS



Moving Overseas?

A full house or a few boxes

Anywhere in the World

Prices start as low as **GBP300** door to door.



Olivier Wright
10 ans

AGS LONDON

T. +44 189 520 1595

E. manager-london@agsmovers.com



www.ags360.com





BABY-FACED GENIUS

Who does your baby look like and why? Some science (and anecdotal evidence) from our ante-natal guru.

One of the great joys of running ante-natal classes (I hate that word – you are adults who have had sex – classrooms are for kids) is meeting the babies who we started to know as bumps. Myself and the midwife spend eight weeks laughing, listening and learning with couples who are about to become parents. Then – as if by magic – we’re all back in the pub together with tiny, curled up, pink-faced babies. And everyone looks just like their dad in a baby-gro.

It never fails to amaze me how much babies resemble their fathers. Sometimes, it momentarily slips my mind which baby belongs to which dad. But then I look at the cherub in a pink frilly dress and think, “Ah yes, you’re the one who always orders a pint of pale ale and works in IT ... that’s right, Mike.”

Mother nature very cleverly makes sure that dads stick around to do the Sainsbury’s run by carving out newborns in their image. It makes perfect sense. We mums are inclined towards keeping our babies close, feeding them, snuggling them and marvelling at the colour of their poo. Dads may need to work a little harder to feel that bond – but if they look down and see themselves reflected back ... well, their hearts melt; they’re soon picturing those chubby cheeks in a Chelsea scarf, which is enough to make them stay.

Although I’d like to claim 100% certainty on this phenomenon, scientific studies don’t actually back my theory. A body of research conducted over decades and published in the journal ‘Evolution and Human Behaviour’, has delivered conflicting results: some studies found that newborns more closely resembled their mums than their dads; other studies found newborns to be matched with

both parents equally well. My personal favourite was the most recent study which found that, although babies more closely resembled their mother for the first three days, the mums themselves remarked on how much they looked like dads. The author of the study concluded that this was an “evolved or conditioned response to assure fathers of their paternity.” I’d also ask (with a mischievous glint in my eye) how many mums down the generations have cooed, “Oh darling! He looks soooo like you!” with a quiet sigh of relief.

Of course, this paternal-bias has also caused some mums to grimace at a large nose or floppy ears and say, “She gets that from your side of the family.” Fast forward two years and the toddler sulks can be weaponised by a tired dad: “She’s just like you when you don’t get your own way!” To the harassed mum, the teenager slamming the door becomes: “A mini-you! He’s learnt that from you!” And, just in case she hasn’t played the genetics card quite hard enough, “Remember the time your brother stormed off at Christmas lunch? That boy is just the same!”

Mud-slinging from the branches of the family tree is a tried and tested means of surviving parenting. We all do it. We shouldn’t. But, we do. It’s oddly satisfying. In essence, it’s an attempt to be a good parent whilst getting yourself off the hook – if Olivia can’t sit still, it’s easy to blame your restless mother-in-law. And if an inability to kick a football is a family trait from your husband’s side, little Jago may never make the A Team, regardless of how much

you spend on lessons. It’s not our fault.

And there may be some truth in that. A recently published book, ‘Do Parents matter?’, tried to answer that provocative question. The author, Judith Harris wanted to establish whether a child’s behaviour was “learned from their parents,” taught by their social group or could be attributed to “the genes they inherited.” She concluded: “Studies using the proper controls consistently favour the latter explanation. In fact, personality resemblances between biological relatives are due almost entirely to heredity, rather than environment.” She cites the fact that adopted children “don’t resemble their adoptive parents in personality.” Harris claims not be particularly interested in genetic effects, but the point is that they have to be considered. Unless we know what the child brings to the environment, we can’t figure out what effect the environment has on the child.”

She travelled the world examining many different cultures and parenting styles, concluding that “parenting didn’t have to be such a difficult, anxiety-producing job, that there are many different ways to rear a child, and no convincing evidence that one way produces better results than another.”

So, the moral of the story is that we, as parents, just need to do what we can.

I sometimes think the best we can hope for is a well-timed “please” or “thank you” – everything else is genetically pre-determined. We’re all just winging it, moulding our kids as best we can with the product we grew. But genes will always play a part – so pick those daddies carefully, and be honest – we may not be quite perfect ourselves.

“
Mother nature
very cleverly makes sure
that dads stick around to do
the Sainsbury’s run by carving
out newborns in their
image”

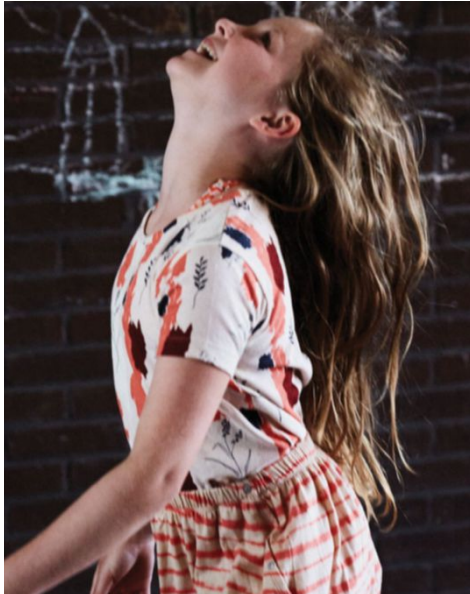
Beverley Turner is author of *The Happy Birth Book* and hosts a show on LBC at 6pm on Saturdays.

FASHION

The Kidscase SS18 collection depicts the story of an urban holiday: the bright colours, dynamic accents and edgy twists of a big city. Friendship is key on this day out in the big smoke.



CITY ADVENTURES



Kidscase.com
Photography: Sophie van de Perre





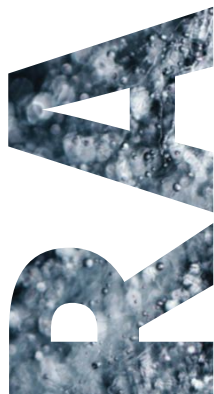
YELLOW DOG PRINT CLEAR UMBRELLA £8 riverisland.com



SKIPPER WATERPROOF COAT £42.95 joules.com



PETIT BATEAU ICONIC WAXED RAINCOAT £68 petit-bateau.co.uk



RAINWEAR



REIMA YELLOW BOOTS £24 alexandalex.com



PRINTED WELLIES £24.95 joules.com

POWELL CRAFT RACING CAR RAINCOAT £39 childsalon.com



MOLO TOP UNIVERSE RAINWEAR £60 alexandalex.com



MOLO PARROTS RAINWEAR £60 alexandalex.com



THE CROW WATERPROOF JACKET AND HIDDEN DRAGON RAIN PANTS €89.95 & €49.95 gosoaky.com



CATIMINI RED LOLLIPOP RAINCOAT £53 childsalon.com



PURPLE IRIDESCENT RAIN MAC £25 riverisland.com



3 IN 1 RAINBOW HOODED MAC £34-£38 marksandspencer.com



MOLO BIG BLOOM WELLIES £45 alexandalex.com



BISGAARD LEOPARD SCANDINAVIAN RUBBER BOOT £27 alexandalex.com

RAINBOW PRINTED WELLIES £12-£14 marksandspencer.com





CAN'T COOK, WON'T COOK?

SOPHIE CLOWES

goes back to basics with the help of some Wabi-sabi attitude.

Of the many competent adults I know, some can't drive, some can't run far, some can't swim and some can't sing in tune ... Well, I can't sing (not a note), but I also can't cook. The skills required for making a main course elude me, which makes me feel embarrassed, nervous, flustered and, finally, frustrated. It became a barrier to having friends round, which is sad.

One day, after swim squad, I was listening to my fellow swimmers – a varied, successful bunch – who were talking about how bored they were of cooking, of food, of their lack of inspiration and of fussy children. Then, somebody suggested she might be able to help. That is how Louisa Chapman-Andrews came to my house to give me a cooking lesson.

Louisa is not a nutritionist, but a cook and writer. She runs her own food consultancy, helping people fall (back) in love with food and cooking. Her gentle understanding of my predicament was summed up in a book she recommended, called *Wabi-Sabi*

Welcome. Wabi-sabi is a Japanese concept that honours the beauty of natural imperfection and a life of chosen simplicity. A review describes it as a “licence to slow down and host guests with humility, intention and contentment”. This was the culinary path I was seeking. We didn't make sushi, I hadn't managed to read the book and we didn't even use it. Instead, one morning, Louisa, with a herbal bouquet fresh from her garden, taught me how, with a few basic skills and vision, I could make dishes that would feed my family for the best part of a week.

Without a murmur of condescension, Louisa taught me how to make a classic tomato sauce. We also roasted a tray of root vegetables and, since I had a whole chicken and not the chicken thighs she had suggested, she taught me how to poach it. This method meant you got two cracks at stock, which is, in culinary terms, liquid gold. To the uninitiated (which, seemingly, is just me), this was nothing short of magic. Three very simple recipes could multiply and become a veritable menu of choice: soup, pasta sauce, health bowls, chilli, pasta bake, curry base ...

Until recently, a main meal in this country constituted meat and two veg. Instead, Louisa suggested building a dish from the ground up, in pyramid fashion, starting with grains or pulses, then substantial vegetables such as roots, then softer vegetables such as leaves, then protein in the form of meat, fish or different vegetables, before adding a dressing and the texture (nuts and seeds, or even crispy salmon skin). You reap what you sow, or rather, eat what you cook, and so we sat down to a convivial lunch. First on the plate was a mixture of toothsome grains and pulses, then the roasted root vegetables, raw spinach leaves, shredded chicken breast, a simple dressing of yoghurt and lemon topped with some pumpkin and sunflower seeds toasted with Ras El Hanout – a versatile and forgiving springboard into the world of spices. We added chilli flakes too. It was delicious, filling, healthy and something a chump like me has since been able to replicate.

Louisa taught me the above but, in a sense, she also gave me permission to try without embarrassment or fear of failure. I've learnt that it's alright to make a mess and that good cooks spill stuff (although, how Louisa got away with no apron and clean clothes at the end remains a mystery), that practice improves things and perfection is overrated. I realised that cooking for friends is one of the ultimate expressions of friendship. Later, Louisa sent me lesson notes, which included how to create a pantry and fridge toolkit, where to shop, what oil to use, what pulses should be soaked, how to make a dressing and a myriad of ingredient combination suggestions. I am indebted to her.

The late Julia Child, of French cooking fame, once said, "Dining with one's friends and beloved family is certainly one of life's primal and most innocent delights, one that is both soul-satisfying and eternal."

Heartbreakingly, the day after Louisa's lesson, a close member of our family died. Food became a form of familial glue and an expression of love. Friends cooked to give life to a family that had lost a life. It was comforting and therapeutic, as much for the cook as the eater: a form of solace. That week, and those that followed, I truly understood how food is a life-giving force that encourages conversation and laughter, that mops up the tears and quells the grief, as much as anything can.

Food is many things: it feeds our children's brains and bodies, it nurtures and energises, it speaks of culture and geography, of comfort and celebration, of tradition and ritual, of family and friends and of love. It creates lasting memories and is a marker

of the most important moments in life, as well as the backbone to every day.

I am no longer afraid to cook. I am free to make a mess of my kitchen, to flavour food, to waste next to nothing and to feed family and friends in a perfectly imperfect manner. It's not easy, but I'm more at ease.

Next up, can any of you swimmers teach me how to sing?

WHERE TO LEARN TO COOK



Louisa Chapman-Andrews

louisaca@icloud.com | 07796 264 734

Borough Kitchen Cook School

boroughkitchen.com | 020 7998 9970

Leith's info

leiths.com | 0208749 6400

The Jamie Oliver Cookery School

jamiescookeryschool.com | 020 3435 9900

244 Goldhawk Road
W12 9PE
London

BEARS
ICE CREAM COMPANY

hello@bearsicecream.co.uk
www.bearsicecream.co.uk
[@bearsicecream](https://www.instagram.com/bearsicecream)

Born to Dance?

- Ballet
- Modern
- Tap
- Exam Preparation
- Performance Opportunities

Acton Ballet School

FOR FURTHER DETAILS CONTACT:
07939 930 229 | actonballetschool@hotmail.com

DANCE 101
THE NATIONAL DANCE EDUCATION & TRAINING

www.actonballetschool.co.uk

CAMPAIGN

HOOKWOOD FOREST / COBHAM

- PAINTBALL & LASER GAMES
- 100 Acre Forest Adventure
- Explore 12 Amazing Game Zones
- Expert Tuition & All Day Supervision
- Ages from 6+

BIRTHDAY PARTIES & SCHOOL TRIPS

Campaign Paintball & Laser Park
Old Lane / Cobham / Surrey / KT11 1NH
01932 865 999
www.campaign-paintball.com

Singsational

The Professional Recording Studio Experience

Fantastic Pop Star Singing Parties & Exclusive Recording Sessions
"amazing! amazing! amazing!" "the best party ever!"

info@singsational.london www.singsational.london T: 07968271813

STICKY TOFFEE TRAY BAKE

Whether you're planning an activity to get the kids off their devices, or you just want to escape to the kitchen for some peace and quiet on your own, then you really have to reach for this recipe. It's easy enough for kids of all ages to help with, doesn't require any weird and wonderful sized cake tins or a super creative eye to decorate the end result. This tray bake is guaranteed to be a huge hit whatever it looks like and to whoever you serve it to.

This is my twist on a household favourite, Sticky Toffee Pudding. I've transformed the tasty dessert into a handy tray bake that can be eaten as a treat throughout the week, taken to school or charity cake sales, coffee mornings, work 'cake' days, or even offered as a dinner party dessert when served with some poached pears and a cheeky glass of dessert wine.

Happy baking!

TAKES 30 minutes to bake
MAKES approx. 20 pieces

FOR THE TRAY BAKE

250g ready-to-eat dates

250ml black tea

½ tsp bicarbonate of soda

1 tsp ground mixed spice or ground ginger

100g butter, softened

150g light brown sugar

2 large eggs, beaten

200g self-raising flour

FOR THE FROSTING

75g caramel or dulce de leche (tinned Carnation caramel is ideal for this recipe and easily available in supermarkets), plus 2 tbsp extra to serve

225g icing sugar

65g butter, softened



OPTIONAL TOPPINGS

chocolate chips/flakes

pecan or walnuts halves

dried banana chips

flaked toasted coconut

- Pre-heat the oven to 180°C/fan 160°C/gas 4. Lightly grease and line a cake tin (approx. 20cm x 25cm).

- Cut the dates into small pieces, removing any stones. Put in a small saucepan with the tea and bring to the boil. Reduce the heat and cook for 3 to 4 minutes for the dates to soften. Stir in the bicarbonate of soda and mixed spice or ginger. The mixture will froth slightly - this is normal, so don't panic! Leave to cool for around 10 minutes.

- Cream together the butter and sugar either by hand or with an electric mixer. Add the eggs and flour, beating in thoroughly before mixing in the date mixture.

- Pour into the prepared tin and bake for 30 minutes until the top is just firm to touch. Insert a skewer into the middle. It should come out clean. If not, continue cooking for a little longer.

- Remove from the oven and cool for 15 minutes before turning onto a wire rack to cool completely.

- To make the frosting, simply beat together the caramel, sugar and butter either by hand or with an electric mixer until light, thick and creamy. Spread over the top of the cooled tray bake with a palate knife.

- Stir the remaining caramel until you have a loose consistency, then drizzle over the top. Add any further toppings if you wish.

- Cut into squares and store for up to one week in an airtight container.

Jo has also contributed to the Bowel Cancer UK 'Be a Star, Bake a Cake' campaign. Read more and find out how you can get involved on page 21.



FAMILY PIES

City Kids' favourite Piccolo Plates has launched family portions of its most popular range of Cottage, Veggie, Fish and Chicken and Pancetta Pie. Each pie comfortably serves two adults and two children and is priced at £20.

www.piccoloplates.com

ICE-LANDIC COOL

Spring has sprung and the bears are out of hibernation on Goldhawk Road – Bears Ice Cream, that is. Inspired by Iceland's



amazing ice cream parlours, Bears serves the highest quality soft serve ice cream, which can be smashed and rolled in fun, colourful toppings, fruits, dips and purees. There are more than 4000 combinations! For lactose intolerant and vegan friends, there are home-made Brain-freeze slushies.

244 Goldhawk Road,
W12 9E, London

YOUR BULLETIN BOARD
of foodie finds for you & your family

BREAKFAST OF CHIMPS

Organic and gluten-free brand, Nature's Path, has launched two kids' cereals 'Envirokidz' in the UK. Already family favourites in Canada and the US, Leapin' Lemurs and Choco Chimps are organic and gluten-free with 1% of sales supporting endangered species and environmental education for children worldwide.



PIZZA STREET UK

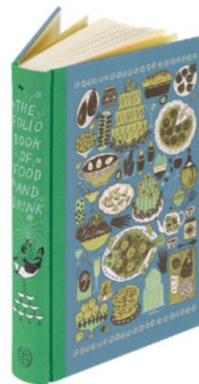
Popular Chiswick hang-out, Pizza Street, has launched a sister restaurant in the new White City Place development.

www.pizzastreet.co.uk

BOOK FOR COOKS

The perfect gift for a foodie. Contributors include Nigel Slater, Oscar Wilde and Anthony Bourdain, all quarter-bound in cloth and held within a slipcase. The Folio Book of Food and Drink, Introduced by Jojo Tulloh.

Available exclusively from The Folio Society
www.foliosociety.com



BAKE-OFF FOR BOWEL CANCER

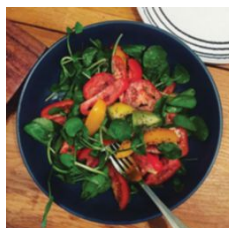
Gino D'Acampo, Rachel Khoo and Greg Wallace, amongst others, have each donated a recipe to inspire the nation to bake in April to raise funds for Bowel Cancer UK. Bowel cancer is the UK's second biggest cancer killer. All money raised from Be a Star, Bake a Cake will support vital research.

For a free fundraising pack see
www.bowelcancer.org.uk

foodies to follow



@jadesarkhel
Food, lifestyle & travel photographer but it's her beautifully composed foody shots we love.



@cookwithgingerwhisk
Follow life behind the scenes of Chiswick's Ginger Whisk Cook School.



@mykidcanteatthis
A collection of squares showing that, however hard we try, we don't always hit the mark with food for the kids.

COLOURS THAT CALM

How to meld soft pastels with delicate pattern and create a warm, eclectic spring nursery



Colour and pattern have the unique ability to define a space and create a little bit of magic, so adopt a playful approach to designing your new nursery and embrace this seasons 'new neutrals'.

Soft pastels are über chic, easy to use, creating a sense of calm relaxation. Layer gently colourful shades like delicate tea rose, pale mint, warm grey and soft peach and define with tones of teal, deep blue and mustard. Add pattern into the mix with an ever popular Paisley wallpaper and Liberty inspired ditsy floral fabrics. Don't be afraid to include dazzling colour in the room as babies respond first to colour (and then shape), but limit it to eye-catching mobiles suspended above the cot, or pattern on storage bags and tassels on accessories. Keeping key pieces of furniture white ensures they remain timeless but adding touches of metallics will add gorgeous glam appeal... after all, you'll be spending a lot of time in there too!

1. Rajapur Wallpaper £78 www.funkylittledarlings.co.uk 2. Yves Floor Lamp £180 www.habitat.co.uk 3. Gold Wings £68 www.funkylittledarlings.co.uk 4. No. 1 Pendant £394 www.funkylittledarlings.co.uk 5. Decorations from £1.99 www.partyieces.co.uk
 6. Gold Rabbit Light £55.00 www.funkylittledarlings.co.uk 7. Panton Junior Chair £129 www.houseology.com
 8. Triangle Pom Pom Mobile £23 www.hurnandhurn.com 9. Logan Rug £89 www.therugseller.co.uk
 10. Saffron Tassel Cushion £58 www.amara.com 11. Cushions £45 www.bobokids.co.uk 12. Sparrow Cot, £729 www.funkylittledarlings.co.uk
 13. Hanako Sleeping Bag £60 www.camomile.london 14. Storage Bag £42.25 www.libertylondon.com
 15. Mouse Lamp £60 www.grahamandgreen.co.uk 16. Hanako Duvet Set from £55 www.camomile.london
 17. Cot Bumper £56 www.camomile.london 18. Maileg Wolf £20 www.cocoandwolf.com 19. Art Print £19 www.eastendprints.co.uk

Mandy Colliss, owner of children's home decor site www.funkylittledarlings.co.uk and specialist children's interior designer



Ascot

A Co-educational Day & Boarding School
for young people aged 4 - 18

A school **environment**
where they can **really focus**

Junior, Senior School and Sixth Form

Open Mornings 9:30am - 12:00pm

17th March, 21st April and 9th May 2018

Book your place at lvs.ascot.sch.uk/open
or call **01344 882770**





NEW HEAD AT PARSONS GREEN PREP

Tim Cannell, formerly head at The Prebendal School in Chichester, has been appointed as permanent headmaster at Parsons Green Prep in Fulham, London. Tim started at PGP in September 2017, covering Mrs Helen Stavert's maternity leave.

BIG SLEEP OUT

Louise Harding and Fabrizia Galligani from Devonshire Day Nursery joined over 100 colleagues from sister day nurseries for the company's annual fund-raising event. Whilst highlighting the plight of homeless people during the winter, they raised more than £12,000 for the Alzheimer's Society.



Devonshire Day Nursery team Fabrizia Galligani and Louise Harding (L-R) sleep rough for charity.

ROLE MODELS' OFFER TO EDUCATION SECRETARY

Education provider, Role Models, have offered free Resilience, Creativity, Leadership and Teamwork courses to 12 of Damian Hinds MP's young constituents, following his recent 'soft skills' speech. The Education Secretary talked of the importance of character development, resilience and life skills and that success is not measured simply by exam results.

Hugo Shephard, Founder of Role Models, said: 'Our suggestion and offer on "Damian's dozen" puts children at the heart of the solution and allows real life learning for government. How brilliant would it be for these children to be talking to government about the difference life skilling is making on an ongoing basis.'



LA FRENCH BOX!

Award-winning Saturday French school, et patati patata! has launched une box surprise, which can be delivered to your home, filled with French goodies. Each season, the box will change, but all will have an activity pack, French craft activities, book, audio book and French game adapted to the age of your child.



EDUCATION FOR ALL



Riya Kaur, aged 17, current ACS bursary student

ACS International Schools has successfully launched its new bursary programme for children aged 11+, 13+ and 16+ at its three UK campuses in Cobham, Egham and Hillingdon. The bursaries are offered to students who will benefit most from an ACS education, including the International Baccalaureate (IB) curriculum, but might not otherwise be able to attend the school.

The financial awards will range from twenty per cent to 100 per cent of the schools' fees, with all bursaries awarded on a means-tested basis and dependent on the student's individual circumstance.

PAPPLEWICK PICK-UPS

Papplewick School, near Ascot, is extending the reach of its daily London bus services to the Gloucester Road area from September this year. Papplewick has run two very popular daily transport services to and from Chiswick and Brook Green since 2005. This new service will be launched in response to increasing demand from London families who live further slightly further into London. Based in Ascot, Berkshire, the school offers day, weekly, and full boarding education for around 200 boys between the ages of six and thirteen.





ST BENEDICT'S SCHOOL EALING

a m i n i m i s i n c i p e

Outstanding Catholic Independent school for boys & girls aged 3 - 18



OPEN EVENTS

Senior School - Thursday 3rd May

Nursery & Junior School - Thursday 24th May



ST BENEDICT'S SCHOOL

SUMMER CLUB
2018

23RD JULY TO
17TH AUGUST 2018
7.30AM - 6.00PM

FOR CHILDREN 6 - 12 YEARS OF AGE

BOOK NOW

www.stbenedicts.org.uk/summerclub

wbedford@stbenedicts.org.uk

020 8862 2223



View our website for a full list of our Open Events or arrange a personal visit with our Registrar, Louise Pepper, on 020 8862 2254



www.stbenedicts.org.uk

Leading
Independent
Schools



WAR DRAMA



Senior pupils at St Benedict's School, Ealing, recently gave a performance of Oh! What a lovely war. The play combines the grim facts about the First World War with the period's propaganda, as carnage contrasts with music-hall comedy and optimistic songs. The cast, playing multiple roles in quick-fire, short scenes, brilliantly conveyed the show's bitter irony.

NHEHS PUPILS SHOOT FOR THE STARS

Helen Sharman, CMG, OBE, who in 1991 became the first British astronaut when she was launched into orbit on a Soyuz spacecraft, and who also became the first woman to visit the Mir Space Station, was a guest at Notting Hill and Ealing High School.

The entire Senior School were joined by Junior School girls from Year 5, who have been working on a project about Helen. She enthralled her captivated audience with a wonderful presentation on her life and career, from university, her work in the confectionery industry, her astronaut training in the former Soviet Union, right through to her time on the space station.



Weaving biology, chemistry, physics and psychology through her talk, she also showed images which covered all aspects of her space experience, from launch to washroom facilities.

Finishing off on a selfie-stick moment with the whole school, Helen left the girls buzzing!



St Catherine's, Bramley

GSA Day & Boarding School since 1885 | 4 - 18 years | Guildford GU5 0DF | www.stcatherines.info



20 Castlebar Road, Ealing W5 2DS
 Telephone 020 8997 1583
 admin@harvingtonschool.com
 www.harvingtonschool.com

Harvington Prep School for Girls

**The Early Years –
 Nursery and Transition**
 Harvington Nursery takes girls and boys from the age of 2 years and 9 months up to age 5 years. Children learn through play and experiences in a happy and stimulating environment.



Pre Prep and Prep Schools – girls aged 5 to 11 years

Preparing girls for entry into the most prestigious schools in London with EXCELLENT results and scholarships.



**Outstanding
 Drama
 Department**

'The quality of the pupils learning and achievement is EXCELLENT'

ISI Report Dec 2014



A well established local school with outstanding pastoral care

Follow us on Facebook Harvingtonprepschool



**SCHOLARSHIPS
 AND BURSARIES,
 up to 100%
 of fees**

An Exclusive International Senior School with Small Class Sizes

- International curriculum in Years 7-9
- IGCSE in Year 10/11
- IB Diploma Candidate School
- Sibling and Loyalty Discounts available

Contact our Head of Admissions on 020 7637 5351
 email gp@ecole-ifa.com or book a visit online at www.ecole-ifa.com
 EIFA Senior School, Duchess House, 10, Duchess Street, London W1G 9AB



DAY SCHOOL TASTER DAYS



Where outstanding performing arts meets academic excellence

Co-educational Day School, London W4 1LY

www.artsed.co.uk

It's not too late to apply for a place at our Day School
 Call us to arrange your Taster Day: **020 8987 6666**

OUTDOOR LEARNING: WHACKY OR WONDERFUL?

by SUSAN HAMLYN

The Swedes have a word for it: *Friluftsliv* – open-air-living. In fact, the idea is integral to the Scandinavian idea of how to “re-create” oneself in the true meaning of recreation. Being outdoors, connecting with, working in and working for the natural world is true education – food for the body, the mind and the spirit.

It is a philosophy adopted by many here and most UK schools, especially at secondary level, which has long encouraged pupils to sign up for projects such as The Duke of Edinburgh Award Scheme and the many Outward Bound courses available to today’s adventurous young. If you don’t mind getting wet, cold and knackered on account of the thrill that climbing the Ten Tors or rowing down the Danube can provide, then get your kit on and go.

Being outdoors, connecting with, working in and working for the natural world is true education – food for the body, the mind and the spirit.

Likewise, younger children discover the joys of dam-building, pond-dipping and camping via Beavers, Cubs and Scouts. Similarly, these are occasional exercises, not embedded into the overall curricula of schools, and they are beyond the resources of many.

So, what is afoot? Increasing numbers of schools – especially primaries – are embracing the excitement and challenges of “Outdoor Learning”, seeing it not as a bolted-on occasional extra via a trip to the coast or a nature study day, but an integral part of everyday learning.

It seems obvious when you think about it. The outdoors is free for everyone. One just has to go outside and see, touch and smell to learn and appreciate all that surrounds us.

A few schools have done this for years as part of their essential philosophy. Bedales, in particular, pioneered this. A former pupil, Grace, recalls:

“‘Outdoor work’ was one of the main tenets of our education. Everyone did it in years 9 and 10. Many went on for much longer, and some have made a life skill out of it. I looked after goslings, others built barns and some minded vegetable patches. It was an alternative to games for the un-sporty ... I remember that gruelling outdoor labour was particularly hard on the smokers.”

No longer restricted to the privileged few, there is now a proliferation of organisations dedicated to the promotion of outdoor learning, such as *The Council for Learning Outside the Classroom*, *Sustainable Learning*, *Forest Schools Education*, *The Field Studies Council*, *The Institute for Outdoor Learning and Wide Horizons*. Defra, Natural England and Historic England recently funded a four-year project, *Natural Connections*, delivered by Plymouth University, to develop effective ways to support schools and teachers in enabling outdoor learning.

So, why do it? Well, for a start, it doesn’t cost much. No one charges a fee for a day

Children from age five upwards learn skills such as den building, fire safety, observing and classifying wildlife, finding north, interpreting maps and making insect or animal homes.

in the park or a local woodland area, and you don’t need to pay for the basics. So much can be learned across all subject barriers, for instance, a tree. How old is it? What might the world have been like back then? How can we tell how old it is? How does its bark and leaves differ from those of other trees, and why? What lives in it? On it? Under it? We can draw it, make leaf prints from it and tell stories about it. Maybe even climb it.

Schools are doing just that. Beaufort School in Woking, Surrey – not exactly a rural paradise – embeds outdoor learning into its everyday curriculum. Children from age five upwards learn skills such as den building, fire safety, observing and classifying wildlife, finding north, interpreting maps and making insect or animal homes. “Outdoor work improves social skills, involvement and develops initiative,” claims the school. Who could doubt it?

Yes, we must ensure our children know how to learn on iPads and laptops but, perhaps, the way ahead might be less about screens than trees?

Susan Hamlyn
Director Emerita
The Good Schools Guide
www.goodschoolsguide.co.uk

Falcons
PRE-PREPARATORY



SCHOOL FOR
BOYS

DISCOVER AN EDUCATION TAILOR MADE FOR BOYS
OPEN DAY: MARCH 10TH 2018
10:30AM - 12:30PM



CURIOSITY

COURAGE

CARE

2 Burnaby Gardens, W4 3DT
020 8747 8393
admin@falconsboys.co.uk
falconsboys.co.uk



@falconspreprep



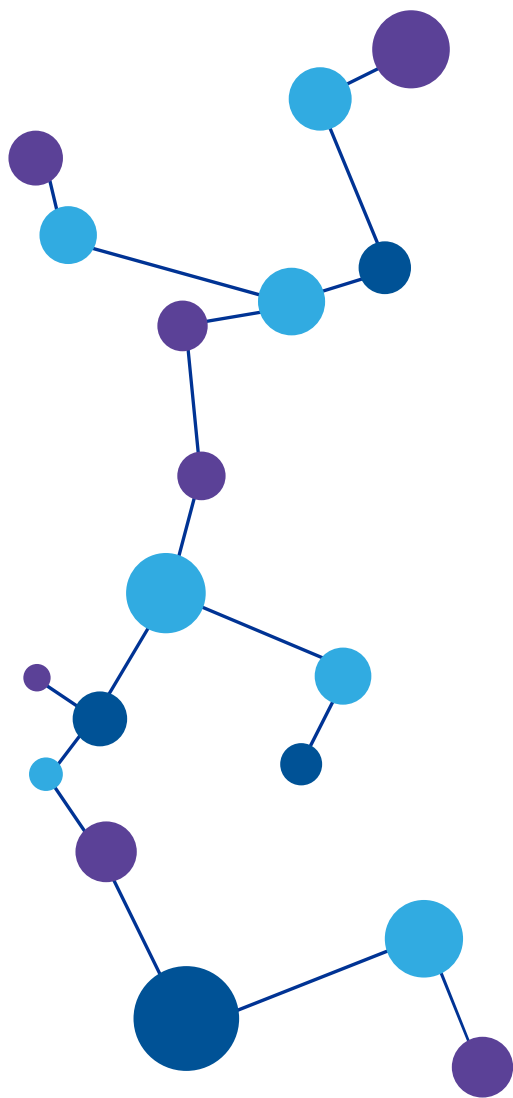
@FalconsPrePrep



The Falcons School for Boys
is part of the Alpha Plus Group

SPRING into STEAM

Spring has arrived and, with it, another chance to get to grips with Science in the form of British Science Week (BSW) 9-18 March, 2018. Why is Science important, and why should we all care? A key to understanding this is to think about STEM and STEAM.



STEM OR STEAM?

Okay, so we seem to hear a lot about STEM, which stands for Science, Technology, Engineering and Maths. But, what's the extra "A" all about? The "A" in STEAM stands for Arts, which is becoming increasingly recognised for its importance in and around STEM fields. The crossover, or working together, of different skills is crucial in current and future jobs.

Our current problem with the ongoing STEM skills shortage is that a lot of students seem to be turning away from STEM to pursue the Arts. But, what if they knew that Art can work with, alongside and for STEM? Classic ideas about STEM conjure images of white coats and laboratories. What if I told you that designers are important in engineering our buildings and vehicles, including space craft and astronaut suits? Technical design skills are essential to the "user interface" and "user experience" of the apps we use for work or leisure.

Communicating science is a creative endeavour. Creativity and design are important in making mathematics more accessible, and it is essential when considering structural build. Understanding the importance of the "A" could mean that students are less likely to turn away from STEM subjects, and recognise that they can still embrace their

creativity in the different workplaces offered by these crucial fields.

SCIENCE FOR ALL

This brings me to British Science Week. Some might hear the word "Science" and run for the hills, thinking it's too complicated or boring for them. But science is all around us. Everyday. It forms the background to almost everything we do or use in our day-to-day lives. From the toothpaste on our toothbrush, the cars or trains we ride, to the clothes we wear and the food we eat!

WHAT IS BRITISH SCIENCE WEEK?

British Science Week (BSW) is run by the British Science Association (BSA). It is a 10-day celebration featuring entertaining and engaging activities and events across the UK. It is for everybody, young and old, and is designed to stimulate and support science engagement across the UK. The hope is that more of us form an appreciation of science, and if that means more kids going on to work in this field, then that's a bonus!

Find out more here and get involved!

www.britishecienceweek.org

BIG SCIENCE ACADEMY
IS A PLACE TO LEARN, EXPERIMENT, EXPLORE & PLAY
FROM 8-12 YEARS

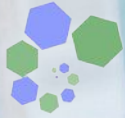
TERM CLASSES & HOLIDAY CAMPS ARE HELD AT THE FOLLOWING LOCATIONS:
 CHELSEA, SW3 & SW10 • KENSINGTON, W8
 IMPERIAL COLLEGE, SW7 • NOTTING HILL, W11
 ST JOHNS WOOD, NW8

Contact us For Little Science (3-7 years) & Little Maths (2-4 years) Classes

CLUBS
 RUN ALSO AT
 SCHOOLS & HUBS NEARBY




f e: info@littlehouseofscience.com • www.littlehouseofscience.com • t: 0800 092 1062 ©



**Richer
Education**

INSPIRATION - LEARNING - FUN

WEEKEND CLASSES & HOLIDAY CAMPS

FOR CHILDREN AGED 4-14



CODING



ENGINEERING



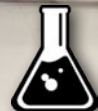
MATHEMATICS



MECHATRONICS



ROBOTICS



SCIENCE

We engage children in real-life challenges in a fun and educational way with a special focus on Science, Technology, Engineering, and Mathematics (STEM) subjects.

Book now:

www.richereducation.co.uk/classes
www.richereducation.co.uk/camps



www.richereducation.co.uk | T: 020 7769 6732 | M: 075 3522 5432

SCHOOL OPEN DAYS

ACS HILLINGDON 3-18 yrs co-ed

www.acs-schools.com
ALL SCHOOL OPEN DAY (3-18yrs) 17 MARCH
ARTS ED 11yrs+ co-ed

www.artsed.co.uk

 Admissions 020 8987 6600 - For tours: Rosalies Jones pupils@artsed.co.uk
AVENUE HOUSE 4-11yrs co-ed

www.avenuehouse.org

To book an appointment 020 8998 9981

BASSETT HOUSE SCHOOL 3-11yrs co-ed

www.bassetthts.org.uk

 For registration or a tour: 020 8969 0313 - registrar@bassetthts.org.uk
BUTE HOUSE GIRLS 4-11yrs

www.butehouse.co.uk
SUMMER TERM

Registrar: Mrs Sarah Sparkes on 0207 603 7381 x 202

CHISWICK AND BEDFORD PARK 3-11yrs co-ed (girls only after 7yrs)

www.cbppschool.co.uk

By appointment only

CLIFTON LODGE 3-13yrs co-ed

www.cliftonlodgeschool.co.uk
17 MARCH

 For a tour tel 020 8579 3662 - admissions@cliftonlodgeschool.co.uk
DURSTON HOUSE 4-13yrs boys

www.durstonhouse.org

 Registrar: 020 8991 6532 - info@durstonhouse.org
L'ECOLE INTERNATIONALE FRANCO-ANGLAISE 18months-18yrs

www.ecole-ifa.com

 Admissions: 020 7637 5351 - gp@ecole-ifa.com
EMANUEL SCHOOL 11-18yrs co-ed

www.emanuel.org.uk
WHOLE SCHOOL EVENING 1 MAY no booking required

MORNING TOUR 16 MAY booking required

020 8870 4171

FALCONS SCHOOL FOR BOYS 3-13yrs boys

www.falconsboys.co.uk
PRE-PREP 10 MARCH 020 8747 8393 - admin@falconsboys.co.uk
PREP 17 MARCH 020 8948 9490 - admin@falconsprep.co.uk
FALCONS SCHOOL FOR GIRLS 3-11yrs girls

www.falconsgirls.co.uk

 Registrar: 020 8992 5189 - Harriet.Stokes@falconsgirls.co.uk
FRANCIS HOLLAND, CLARENCE GATE 4-18yrs girls

www.fhs-nw1.org.uk
11+ 21 & 28 JUNE

 Registrar: 020 7723 0176 - registrar@fhs-nw1.org.uk
FRANCIS HOLLAND, SLOANE SQUARE 4-18yrs girls

www.fhs-sw1.org.uk
4+ 12 MARCH / 23 APR / 11 JUNE
11+ & 13+ 14 & 22 JUNE

 Registrar: 020 7824 5005 (or via the School Office on 020 7730 2971) - registrar@fhs-sw1.org.uk
FULHAM PRE-PREP, PREP AND SENIOR 4-13yrs co-ed

www.fulhamprep.co.uk

 Pre-pep: 020 7471 4217 or 020 7371 9911 - admin@fulhamprep.co.uk

 Prep: 020 7371 9911 - prepadmin@fulhamprep.co.uk

 Senior: 020 7386 2444 - senioradmin@fulhamprep.co.uk
GODOLPHIN AND LATYMER 11-18yrs girls

www.godolphinandlatymer.com

Open days every Autumn term (now passed)

HAMPTON COURT HOUSE 3-18yrs co-ed

www.hamptoncourthouse.co.uk

 Registrar: 020 8614 0857 - cb@hchnet.co.uk
HAMPTON PRE-PREP & PREP 3-7yrs co-ed / 7-11yrs boys

www.hamptonprep.org.uk
18 MAY booking required

admissions@hamptonprep.org.uk - 020 8979 1844

HAMPTON SCHOOL 11yrs+ boys

www.hamptonschool.org.uk
6 & 19 MARCH / 26 APRIL

 020 8979 9273 - admissions@hamptonschool.org.uk
HARVINGTON PREP SCHOOL 3-11yrs girls

www.harvingtonschool.com

By appointment only 020 8997 1583

HEATHFIELD HOUSE SCHOOL 4-11yrs co-ed

www.heathfieldhouse.co.uk

Call for appointment 020 8994 3385

IBSTOCK PLACE SCHOOL 4-18yrs co-ed

www.ibstockplaceschool.co.uk
PREP 2 MAY / 20 JUNE
SENIOR SCHOOL 9 MAY
registrar@ibstockplaceschool.co.uk - 020 8392 5803

INTERNATIONAL SCHOOL OF LONDON 3-18yrs co-ed

www.islschools.org/london

Please call admissions team to book a tour of the school

 020 8992 5823 - mail@islondon.org
KEW GREEN PREP SCHOOL 4-11yrs co-ed

www.kgps.co.uk
21 MARCH / 9 MAY / 13 JUNE
admissions@kgps.co.uk
KEW HOUSE SCHOOL 11yrs+ co-ed

www.kewhouseschool.com
8 & 21 MARCH / 2 MAY / 29 JUNE
admissions@kewhouseschool.com 020 8742 2038

KING'S COLLEGE WIMBLEDON 7-18yrs boys / 16-18yrs co-ed

www.kcs.org.uk
KINGS HOUSE SCHOOL 3-13yrs boys (co-ed nursery)

www.kingshouseschool.org

For admissions: 020 8940 1878

LADY ELEANOR HOLLES 7-18yrs girls

www.lehs.org.uk
7+ 21 MARCH
11+ TOURS IN SUMMER & AUTUMN TERMS

 To visit: registrar@lehs.org.uk
LATYMER PREP SCHOOL 7-11yrs co-ed

www.latymerprep.org
11 JUNE
registrar@latymerprep.org
LATYMER UPPER SCHOOL 11-18yrs co-ed

www.latymer-upper.org
11 & 15 SEPT / 6 OCT booking required

16+ 19 SEPT

 Admissions: 020 7993 0063 - admissions@latymer-upper.org



**Notting Hill & Ealing
High School** GDST

Junior School
for Girls Ages 4–11

**“...proves you can have both outstanding
academic success and a relaxed, happy school.”**

Sunday Times Independent Prep School of the Year

Open Days

Friday 20 April at 10.15am

Friday 8 June at 10.15am

To reserve your place at an Open Day, for information on occasional vacancies in other year groups or to request a prospectus, please contact the Registrar on:

020 8991 2165

enquiries@nhehs.gdst.net

www.nhehs.gdst.net

26 St Stephen's Road

London W13 8HH

Charity No. 306983



**“An excellent,
all-round, happy
prep school that
brings out the best
in all its boys.”**

ISI Inspection Report

For information

or to arrange a visit contact

Sally Bass on 020 8940 1878

bass.s@kingshouseschool.org

www.kingshouseschool.org

KING'S HOUSE SCHOOL

68 King's Road | Richmond | Surrey | TW10 6ES

SCHOOL OPEN DAYS

| |
|--|
| <p>NOTTING HILL AND EALING HIGH SCHOOL 4-18yrs girls www.nhehs.gdst.net 11+ Check website after Easter for June date Contact the Registrar on 020 8991 2165</p> |
| <p>ORCHARD HOUSE 3-11yrs co-ed www.orchardhs.org.uk 8 MARCH booking required Arrange visit on 020 8742 8544 - info@orchardhs.org.uk</p> |
| <p>ORLEY FARM SCHOOL 4-13yrs co-ed www.orleyfarm.harrow.sch.uk 12 MAY 'Wednesdays at Work' tours with headmaster available. Book with the Registrar on 020 8869 7634 - registrar@orleyfarm.harrow.sch.uk</p> |
| <p>PARSONS GREEN PREP SCHOOL 4-11yrs co-ed www.parsonsgreenprep.co.uk WEEKLY TOURS For admissions: 020 7610 8085 - admissions@parsonsgreenprep.co.uk</p> |
| <p>PROSPECT HOUSE 3-11yrs girls www.prospecths.org.uk To arrange visits: registrar@prospecths.org.uk - 020 8246 4897</p> |
| <p>PUTNEY HIGH SCHOOL 4-18yrs girls www.putneyhigh.gdst.net 11+ 9 MARCH / OPEN WEEK OCTOBER Junior: 020 8788 6523 / Senior: 020 8788 4886 putneyhigh@put.gdst.net</p> |
| <p>QUEEN'S COLLEGE 11-18yrs girls www.qcl.org.uk 25 APRIL</p> |
| <p>RADNOR HOUSE 11-18yrs co-ed www.radnorhouse.org WHOLE SCHOOL 12 MAY SIXTH FORM 13 MARCH</p> |
| <p>RAVENS COURT PARK PREP SCHOOL 4-11yrs co-ed www.rpps.co.uk 6 MARCH / 3 MAY / 14 JUNE</p> |
| <p>ST AUGUSTINE'S PRIORY 4-18yrs girls www.sapriory.com WHOLE SCHOOL 10 MARCH 020 8997 2022</p> |
| <p>ST BENEDICT'S 3-18yrs co-ed www.stbenedicts.org.uk Junior: 020 8862 2050 juniorschool@stbenedicts.org.uk Senior: 020 8862 2000 seniorschool@stbenedicts.org.uk</p> |
| <p>ST CATHERINE'S SCHOOL TWICKENHAM 4-18yrs girls www.stcatherineschool.co.uk 020 3261 0142 - cgoldburn@stcatherineschool.co.uk</p> |
| <p>ST JAMES SCHOOLS 4-11yrs co-ed / 11-18yrs girls / 11-18yrs boys www.stjamesschools.co.uk JUNIOR SCHOOL Tours available: admissions@stjamesjunior.co.uk SENIOR GIRLS' SCHOOL 2 MAY SENIOR BOYS' SCHOOL IN ACTION 27 APRIL / 21 JUNE</p> |
| <p>ST PAUL'S SCHOOL 7+ 8+ 11+ boys (Junior) / 13+ boys (Senior) www.stpaulsschool.org.uk 7+ & 8+ entry: spjschoolsec@stpaulsschool.org.uk 11+, 13+ & 16+ entry: 020 8748 9162 admissions@stpaulsschool.org.uk</p> |

| |
|---|
| <p>ST PAUL'S GIRLS' SCHOOL 11-18yrs girls www.spgs.org For spring and summer term tours email admissions@spgs.org from early March</p> |
| <p>THE HARRODIAN 4-18yrs co-ed www.harrodian.com Tours available weekly Admissions Office on 020 8762 6321</p> |
| <p>UNICORN SCHOOL 3-11yrs co-ed www.unicornschoo.org.uk Small group visits on Tuesdays and Wednesdays. registrar@unicornschoo.org.uk</p> |

If you would like your school to be listed, please email
editor@citykidsmagazine.co.uk



Orley Farm School  Founded in 1850

Breadth, Balance and Excellence

Open Morning
Saturday 12th May 2018
10.00am to 12.00pm

Boys & Girls, 4 to 13
www.orleyfarm.harrow.sch.uk

Orley Farm School, South Hill Avenue, Harrow on the Hill, HA1 3NU

Contact Julie Jago on 020 8869 7634
Email: registrar@orleyfarm.harrow.sch.uk

Registered Charity No. 312637

Taking education to a higher level

Fulham Senior School, building on the success of Fulham Prep School, opened in September 2017. Meeting the increasing demand for an independent, co-educational, senior school in South West London that aims to equip our young men and woman to be committed, considerate and courteous; ready to fulfil their potential both personally and academically.

Applications for Year 9 entry in September 2018 are now being accepted.

www.fulhamprep.co.uk
Tel: 020 7386 2444



Education Reimagined

Every day is an Open Day - call now to book your tour
020 8992 5823

JOIN US



International
School of London

www.isllondon.org | mail@isllondon.org | 139 Gunnersbury Avenue, London W3 8LG

PRESCHOOLERS

LOOK OUT, IT'S A DRAGON

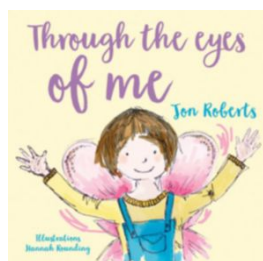
by Jonny Lambert
(Little Tiger)



Saffi the dragon doesn't want to capture princesses or crush castles, all she wants to do is make friends in pastures new. So far, so lovely. But, as she quickly discovers, it's not quite as easy convincing the other animals that she's not trouble. Jonny Lambert's gorgeous illustrations really bring this story of acceptance to life.

THROUGH THE EYES OF ME

by Jon Roberts, illustrated by
Hannah Rounding
(Graffeg)

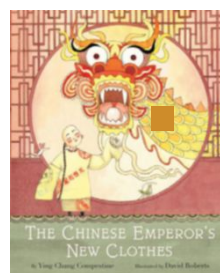


Kya, in many ways, is just like your average four-year-old. She likes ice cream, jumping, being cheeky and isn't so keen on vegetables. However, she is autistic, and you will discover the ways in which she is different. You can almost feel Kya's energy through the illustrations alone. This gentle book guides the reader into how Kya understands the world as written by her dad.

LITTLE KIDS

**THE CHINESE EMPEROR'S
NEW CLOTHES**

by Ying Chang Compestine,
illustrated by David Roberts
(Abrams)



A clever re-working of the Hans Christian Anderson classic, focused on Ma Ding, a nine-year-old boy, who becomes the Emperor of China. Realising he is being tricked by dishonest ministers, he decides to play a trick of his own. Beautifully illustrated by David Roberts (of *Rosie Revere, Engineer* fame), it weaves Chinese tradition with a message of kindness.

**SHINY PIPPIN AND THE
BROKEN FOREST**

by Harry Heape, illustrated
by Rebecca Bagley
(Faber & Faber)



In this very funny debut, heroine Pippin lives in Funsprings, where she spends an enormous amount of time with her granny. All sounds pretty ordinary, until you find out that Pippin can speak to animals and her granny used to be a crime fighter. When mysterious goings on begin to happen in the town, can the pair use their skills to solve the mystery?

BIG KIDS

BRIGHT STORM

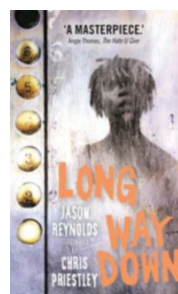
by Vashti Hardy
(Scholastic)



Adventure awaits in this cracking book by Vashti Hardy. The twins, Arthur and Maddie, are on the trail of their father, a famous explorer, who, they'd been told, had died on the way to the South Polaris. The intrepid duo join a new crew, led by Captain Harriet Culpepper, as part of a race to the South Polaris. Can they cut it on the ship, and will they find the truth about their father?

LONG WAY DOWN

by Jason Reynolds, illustrated
by Chris Priestley
(Faber & Faber)



Written entirely in verse, and spanning the time frame of just one minute, this book follows the story of Will, who is seeking to avenge his brother's murder. He must follow The Rules: No Crying, No Stitching and Get revenge. As he takes the lift, he is joined by a host of people from the past who make him think about the task ahead. Gripping and darkly illustrated, it is a stunning future classic.



With the holidays around the corner, Sharky & George have some ideas to keep learning on the agenda, without the kids even realising.

Even though school is out for a couple of weeks, there are many ways to make learning fun while they're off. If you're looking for some games with an educational twist, then look no further! These ideas will keep the kids occupied for hours. And, if you have older kids, they'll be able to help with the set-up (or, hopefully, do it all!).

MYSTERIOUS MATHS TREASURE HUNT

For this you'll need pens, paper, a box/briefcase (something to hide the treasure in) and a combination padlock with at least 4-6 numbers.

Hide mathematical clues around the house (e.g. what is 12 divided by 2? How many sides does a hexagon have?). The children need to find them, then figure out the answers to open the case of treasure. Once all the clues have been found and solved, they'll have the combination for the padlock. A final clue will indicate where the treasure is hidden and a little hint will help them put those numbers in the correct order. When they find the treasure, they'll need to punch in the combination code to crack it open, and reveal the Easter chocolate treasure!

READING DEN

Let your budding book worm create their own reading den with old sheets, cushions, bean bags, a torch and anything else you have around the house to make it extra cosy and cool. Make the most of the holidays and let them stay up a little past their bedtime to get stuck into a good read in their new holiday hang out.

DOT-TO-DOT AND CRAFTS

Simple and so fun! Online you can find endless printable dot-to-dot activities and Easter crafts. Go big and cover a table with pens, feathers, stickers, gems, glue and let them get stuck in!

And if you'd rather ship them out for a day or two, the Sharky & George Adventure Club is running during the holidays at a venue in central London. It is suitable for children aged five- to ten-years-old. As well as getting stuck into endless games with epic energy, the club is an opportunity for children to make new friends, learn new skills and build confidence.

Contact Sharky & George on 02079244381 for further information. Booking essential.



sharkyandgeorge.com



MARY POPPINS TO THE RESCUE!

Scott Dunn have a wealth of exciting new options for holidays this year. Amongst them is their Flying Nannies service at their new portfolio of villas in Ibiza. Pair one with a private chef, and you could be looking at the trip of lifetime (or a yearly event – how will any other holiday compare?) The villas on the SW coast range from ultra-modern to rural retreats, each sleeping 6-14 people. Nannies arrive with their box of tricks and ideas to keep kids entertained, and will prepare meals for the them, while your chef tweaks your menu. I'm in.

www.scottdunn.com

CITI GUIDES

Packed with information only insiders know, the CITI X Family guides point you to 20 unique locations where local creative parents love to go with their little ones. Each kit contains a folded trip advisor, 24-page travel journal for young companions, two postcards and a stack of play cards for fun learning. They are also beautifully designed and illustrated. New York, San Francisco, London, Paris, Barcelona and Copenhagen.

www.victionary.com



HELLO SAILOR!

Rick Astley, Simple Minds and Dick and Dom. Need we say more? Lulworth Castle hosts a nautical themed Camp Bestival this year. Hop on board the weekly payment plan to pay approx. £8.50 per week per adult ticket and you might feel flash enough to upgrade to a Bedouin tent by the time July arrives.

26-29 July

www.campbestival.net



GET OUT OF DODGE

For a slightly different take on a day out of the city head to Campaign Paintball in Cobham. With a 100-acre forest as the backdrop, play paintball and tag within 10 movie-set game zones including Dodge City (a complete cowboy town). Bookings for parties also an option! Separate age groups include 6-9, 10-13 and 14+

Booking is essential. 01932 865 999

www.campaign-paintball.com



TRIPS

TRIPS

*days out, long weekends,
holidays & travel
must-haves*

YOUNG EXPLORERS

Celebrity Cruises have launched a new Explorer Academy which aims to bring STEM subjects to life aboard their ships.

www.celebritycruises.co.uk

WHERE THE WILD THINGS ARE

Just two hours from London, Wilderness is a 5,000-acre private estate home to luxury manors, country houses, farm houses and cottages available for weekend or week-long rent. Activities organised include archery, scavenger hunts, fishing, cake baking and bonfires.

Prices from £465 per night per property.

www.wildernessreserve.com



BABIES & PRE-SCHOOLERS

CHISWICK

HAMMERSMITH

ACTON

SHEPHERDS BUSH

ART & CREATIVE

THE BUILD IT WORKSHOP

thebuilditworkshop.com
Chiswick Town Hall, W4 4JN
MON

CRAFT CLUB

lbhf.gov.uk
Shepherds Bush Library, W12 7BF
TUE

KITE STUDIOS

kitestudios.org
2b Bassein Park Rd, W12 9RY
THU FRI

CINEMA

BABES IN ARMS

www.olympiccinema.co.uk
117-123 Church Road, Barnes SW13 9HL
TUE

PARENTS & BABIES SCREENINGS

watermans.org.uk
Watermans, 40 High St, TW8 0DS
WED

DANCE & PERFORMANCE

DIDDI DANCE

diddidance.com
Drink Me, Eat Me, 250 King St, W6 0SP
TUE
The Corner House, W6 7PD
THU
Nuffield Health Fitness & Wellbeing,
Stevenage Rd, SW6 6PF
FRI

FRANCES LUNDY SCHOOL OF DANCE

franceslundyschoolofdance.co.uk
The Hayloft, 3 Bond Street, W4 1QZ
MON TUE WED THU FRI SAT

WEST LONDON DANCE ACADEMY

westlondondanceacademy.com
St Michael and All Angels Parish Hall,
Priory Avenue, W4 1TX
WED

ACTON BALLET SCHOOL

actonballschool.co.uk
Ruskin Hall, 16 Church Rd, W3 8PP
TUE FRI

ANGELA GRANT SCHOOL OF DANCE

balletclasseslondon.co.uk
250-252 King St, W6 0SP
WED
Victoria Hall, Victoria House, Becklow Rd,
W12 9HB
TUE THU

LITTLE STAGE ACADEMY (PSSA)

pssa.co.uk
Westside Community School,
8-30 Galena Rd, W6 0LT
SAT

WEST LONDON SCHOOL OF DANCE

westlondonschoolofdance.co.uk | 020 8743 3856
Du Boisson Studios, 25 Bulwer St, W12 8AR
MON
St Peters, 59A Portobello Rd, W11 3DB
MON TUE

LANGUAGE

BILINGUAL BEATS

bilingualbeats.com
Drink Me Eat Me, 250 King St, W6 0SP
MON
St Luke's Church, SW10 9HF
THU

CHISWICK FRENCH CLUB

chiswickfrenchclub.co.uk
Ravenscourt Park, W6 0TH
MON TUE THU FRI

CLUB PETIT PIERROT

clubpetitpierrot.co.uk
The Greek Cathedral of St Sophia, W2 4LQ
WED THU

ET PATATI PATATA

etpatatipatata.com
Thomas's Academy, SW6 4LY
SAT

LE FRENCH PROGRAMME

lefrenchprogramme.com
Parsons Green Prep, SW6 4LJ
SAT

LINK CHINESE ACADEMY

linkchinese.co.uk
Bute House School, W6 7EA
SAT

HANNA & JOICE MANDARIN CLUB

Drink Me, Eat Me, 250 King St, W6 0SP
FRI

KITE STUDIOS

kitestudios.org
2b Bassein Park Rd, W12 9RY
WED

SPANISH FOR UNDER 5s

lbhf.gov.uk
Hammersmith Library, W6 7AT
WED

MUSIC

MONKEY MUSIC

monkeymusic.co.uk
The Catholic Centre, 2 Dukes Ave, W4 2AE
TUE
Holy Innocents Church, Paddenswick Rd,
W6 0UB
WED

St Mary and the Virgin, Mortlake

WED
Parkside Church, East Sheen, SW14 8DU
FRI

THE MUSIC HOUSE FOR CHILDREN

musichouseforchildren.com
306 Uxbridge Rd, W12 7LJ
WED FRI

MINI MOZART

minimozart.com
Drink Me, Eat Me, 250 King St, W6 0SP
WED

CADENZA

cadenzaclasses.com
Holy Innocents Church, Paddenswick Rd,
W6 0UB
TUE
Christ Church, Town Hall Ave, W4 5DT
WED

Drink Me, Eat Me, 250 King St, W6 0SP
FRI

HARTBEEPS

hartbeeps.com
Eddie Catz, Putney
MON
The Barn Church, Kew, TW9 4HF
TUE
The Imperial, 68-70 Putney High St, SW15 1SF
TUE

Chiswick Theatre Arts, W4 5BQ

WED
Drink Me Eat Me, 250 King St, W6 0SP
THU

KITE STUDIOS

kitestudios.org
2b Bassein Park Rd, W12 9RY
THU

PANDEMONIUM

watermans.org.uk
Watermans, 40 High St, TW8 0DS
WED

STORY & RHYME TIME

lbhf.gov.uk
Shepherds Bush Library, W12 7BF
MON TUE WED SAT
Hammersmith Library, W6 7AT
TUE THU FRI
Askew Rd Library, W12 9AS
TUE THU FRI
Chiswick Library, W4 2AB
FRI

MUNCHKIN MUSIC

munchkinmusic.co.uk
Crown & Anchor Pub Upstairs, Chiswick
MON
Grove Neighbourhood Centre, 7 Bradmore
Park Rd, W6 0DT
THU

PLAYGROUPS

BRIGHT STARS

brightstarsuk.com
St Saviours, Wendell Park Church Hall,
Cobbold Rd, W12 9LN
FRI

LITTLE ANGELS

smaaa.org.uk
Priory Ave, W4 1TX
WED

PLAY CAFÉ

stsimons.co.uk
St Simon's Church, Rockley Rd, W14 0DA
THU

ST NICHOLAS PLAYGROUP

stnicholaschiswick.org
Church Street, W4 2PH
MON

WEST LONDON TWINS CLUB

westlondontwonsclub.org
St Stephen's Church, St Stephen's Rd,
W13 8HB
THU

YOGA & MASSAGE

BABY MASSAGE

westlondonbabies.com
Private venue, Chiswick
MON TUE THU FRI

SPORTY

THE LITTLE GYM

thelittlegym.eu/chiswick
Hartington Rd (off A316), W4 3AN
DAILY

LITTLE KICKERS

littlekickers.co.uk
Chiswick School, Burlington Lane, W4 3UN
SAT
St Stephen's Social Club, 5 Gayford Rd,
W12 9BY
MON TUE
Hogarth Community Centre, Duke Rd,
W4 2JR
MON TUE WED FRI SAT
The Ellen Wilkinson School for Girls,
Queen's Drive, W3 0HW
SAT

OXYGEN FREEJUMPING

oxygenfreejumping.co.uk
Vision Ind Park, Kendal Ave, W3 0AF
DAILY

WILL TO WIN

willtowin.co.uk
Chiswick House Grounds (A4 Entrance),
W4 2RP
SAT

CHISWICK

HAMMERSMITH

ACTON

SHEPHERDS BUSH

ALBERT & FRIENDS CIRCUS SKILLS

albertandfriendsinstantcircus.co.uk

St Alban's Hall, Margravine Rd, W6 8HJ

SAT

AMANDA'S ACTION CLUB

amandasactionclub.co.uk

Chiswick Town Hall, W4 4JN

FRI

RICHMOND GYMNASTICS ASSOCIATION

richmondgymnastics.co.uk

1 Townmead Road, Kew, TW9 4EL

MON TUE WED THU FRI

LITTLE RUGBY

littlerugby.co.uk

Hogarth Youth Ctr, Duke Rd, W4 2JR

SUN

LITTLE FOXES CLUB

thelittlefoxesclub.com

Acton Park

TUE SAT

Turnham Green

THU SAT

Ravenscourt Park

SAT

CROUCHING TIGER KARATE

crouchingtigerkarate.co.uk

The Dukes Meadows Community Centre,

Alexandra Gardens, W4 2RX

FRI

GYMBOREE

gymboree-uk.com

Chiswick Town Hall, W4 4JN

MON TUE WED THU FRI

TWISTERS

twisters.org.uk

Acton Baptist Church, Church Rd, W3 8PP

MON TUE WED THU FRI SAT

KIDDIKICKS

kiddikicks.co.uk

April-October

Kings House Sports Ground, W4 2RZ

November-March

Brentford Fountain Leisure Ctr, TW8 0HJ

SAT



First Hand Experiences



The Little Gym

THE HOLIDAYS ARE COMING

RRP £22.99

GET YOUR SWIMFIN ON!



Will to Win

FLUNKY FLOATIES & DINKY DIVERS £9.99

Personalised Party Bags with a difference

KATIE BAKES
Artisan baking mixes

www.katie-bakes.co.uk
office@katiebakes.co.uk

Baking mix party bags | Award winning | Themed labels
Personalised wording | Choice of flavours | Express delivery

ART & CREATIVE

TIPPITOOES

tippitooes-ealing.co.uk

Lamas Park Play Centre, Elers Rd, W13 9QD

TUE WED THU FRI SAT

DANCE & PERFORMANCE

HOOLLABALOO

hullabaloo-puppetmusictheatre.co.uk

The Duke of Kent, Pitshanger, Scotch Common, W13 8DL

MON

Plough Inn, 297 Northfield Ave, W5 4XB

TUE WED THU FRI

EALING SCHOOL OF DANCE

ealingschoolofdance.co.uk

Ealing Green Church, W5 5QT

THU FRI

INNOVATION DANCE

innovationdancestudios.co.uk

Innovation Dance Studio, 96 Pitshanger Lane, W5 1QX

MON TUE WED THU SAT

YOURSTAGE DRAMA

yourstagedrama.com

St Augustine's Priory, Hillcrest Rd, W5 2JL

SAT

SA DANCE

sa-dance.co.uk

University of West London, St Mary's Rd, W5 5RF

SAT

THE ITALIA CONTI RUISLIP

italiacontinuislip.co.uk

Wiltshire Lane, Pinner, HA5 2LX

ANNA DAVYDOVA DANCE SCHOOL

annadavydova.co.uk

St. Andrews Church Centre, Mount Park Rd, W5 2RS

TUE

WEST LONDON DANCE ACADEMY

westlondondanceacademy.com

All Saints Church Hall, Elm Grove Rd W5 3JH

LANGUAGE

TODDLER STORY TIME SESSIONS

ccslibraries.com

Perivale Library, Horsenden Lane South, UB6 7NT

Southall Library, 112 The Green, Southall, Middlesex, UB2 4BQ

Greenford Library, Oldfield Lane South, UB6 9LG

Pitshanger Library, 143-145 Pitshanger Lane, W5 1RH

THU

Northolt Library, Church Rd, UB5 5AS
Jubilee Gardens Library, UB1 2TJ

FRI

MUSIC

MONKEY MUSIC

monkeymusic.co.uk

The Grange Pub and Dining Room, Warwick Rd, W5 3XH

MON

Ealing Green Church, The Green, W5 5QT

TUE

Playschool Hall, St Paul's Ealing, Ridley Avenue, W13 9XW

WED

HARTBEEPS

hartbeeps.com

Tribeca Studios, Ealing, W5 2PJ

MON

The Foresters Pub, 2 Leighton Rd, W13 9EP

TUE

SOUND GENERATION EDUCATION

soundgeneration.org.uk

St Paul's Church, Ridley Ave, W13 9XW

THU

EALING JUNIOR MUSIC SCHOOL

ejms.org.uk

Twyford Church of England School, Twyford Crescent, W3 9PP

SAT

ACTION, SONGS & RHYMES

St Paul's Church, Ridley Ave, W13

MON

The Church of the Ascension, Hanger Hill

THU

BABY BOUNCE & RHYME

ccslibraries.com

Northolt Leisure Centre Library, Eastcote Lane North, Northolt, UB5 4AB

TUE

West Ealing Library, Melbourne Ave, W13 9BT

WED

Ealing Central Library, 103 Broadway Centre, W5 5JY

WED FRI

Southall Library, 1e Green, Southall, Middlesex, UB2 4BQ

WED

Greenford Library, Oldfield Lane South, UB6 9LG

WED

Hanwell Library, Cherington Rd, W7 3HL
Perivale Library, Horsenden Lane South, UB6 7NT

UB6 7NT

Jubilee Gardens Library, Jubilee Gardens, UB1 2TJ

Northfields Library, North Elds Ave, W5 4UA

THU

Northolt Library, Church Rd, UB5 5AS

FRI

Wood End Library, Whitton Ave West, Greenford, UB6 0EE

FRI

QUESTORS YOUNG MUSICIANS CLUB

qymc.org

Little Ealing Primary School, W5

SAT

PLAYGROUPS

QUACKERS PLAYGROUP

stjohnandstjames.org.uk

St James Church, 32 St James Avenue, W13 9D

MON

SNIPS PLAYGROUP

stjohnandstjames.org.uk

St John's Church Crypt, Mattock Lane, W13 9LA

TUE THU

NOAH'S ARK PLAYGROUP

stmaryshanwell.org.uk

St Mary's Church Hall, 62 Greenford Ave, W7 3QP

MON

HANWELL PLAYGROUP

hanwellmethodist.info

Methodist Church, Church Rd, W7 1DJ

WED

GREAT AND SMALL STAY & PLAY

St Paul's Church, Ridley Ave, W13 9XW

WED

NORTHFIELDS PLAYGROUP

St Paul's Church Hall, Ridley Ave, W13

FRI

ST ANDREWS MOTHER & TODDLER GROUP

St Andrew's Church, W5 2RS

MON WED FRI

BUMPS & BABIES

St Mary's Church Hall, W5 5RH

TUE

SPORTY

WILL TO WIN

willtowin.co.uk

Pitshanger Park, W13 8DJ

SAT

Lamas Park, W13 9NJ

SAT

GYMBOREE

gymboree-uk.com

Putney Exchange Shopping Centre SW15 1TW

MON TUE WED THU FRI SAT

YMCA

ymcawestlondon.org

Bouncy castle, Massage, Mini Movers, Baby Explorers, Baby Sensory, Gym Kids, Tinies Tumble and more
25 St Mary's Rd, W5 5RE

MON TUE WED THU FRI

LONDON BABY SWIM

londonbabyswim.co.uk

Osterley Centre, 178 Wood Lane, TW7 5EH

MON TUE WED THU FRI SAT

WATERBABIES

waterbabies.co.uk

St Ann's School, Springfield Rd, Hanwell, W7 3JP

MON

Castlebar School, Hathaway Gardens, W13 0DH

WED SAT

SWIM EXPERT

swimexpert.co.uk

Novotel London Brentford, Great West Rd, TW8 0GP

MON TUE WED THU FRI

FF4K MINI KICKERS

footyfun4kidslondon.com

Blondin Park, Northfields

SAT

LITTLE KICKERS

littlekickers.co.uk

Drayton Manor High School, W7 1EU

SAT SUN

Ellen Wilkinson School for Girls, Queen's Drive, W3 0HW

SAT

THE LITTLE FOXES CLUB

thelittlefoxesclub.com

Pitshanger Park, Ealing

MON TUE SAT

For more things to do with the kids head to www.citykidsmagazine.co.uk for hundreds of ideas.

Little Kickers



CHISWICK

HAMMERSMITH

ACTON

SHEPHERDS BUSH

EALING

ADVENTURE

ARMY CADETS

armycadets.com

207 Hammersmith Det ACF (Royal Signals) Princess Louise House, W6 7DJ

WED FRI

206 Chiswick Det ACF (Royal Signals)

Stamford Brook Avenue, W6 0YD

202 Acton Det ACF (Royal Engineers)

Creswick Rd, W3 9EZ

209 Burlington Danes Academy Det ACF

(Grenadier Guards)

203 Brentford Det ACF (RLC), Ealing, W5 4BT

TUE THU

204 White City Det ACF (Parachute

Regiment) TA Centre, W12 7RW

MON WED

ART

BROOK GREEN ART CLASSES

brookgreenart.com | 07951 845 180

8yrs+ term-time portfolio & scholarship preparation

THU FRI SAT

IMAGINE ART CLUB

imagineartclub.co.uk | 07534 240 509

Art classes for 5-12yrs, guided museum visits for children

St Gregory's School, W5

MON

Montpelier School, W5

TUE

KITE STUDIOS

kitestudios.org | 020 8576 6278

5yrs+ Wide range of art disciplines including GCSE & A-Level portfolios

2B Bassein Park Rd, W12 9RY

MON TUE WED THU FRI SAT

MAKERS AND SHAKERS

makersandshakers.co.uk | 07773 795 654

5-8yrs Arts & Crafts

Our Lady & St John's Church, Boston Park Rd, Brentford, TW8 9JF

TUE

St Gregory's School, Ealing, W5

THU

Mount Carmel School, Little Ealing Lane,

W5 4EA

FRI

START STUDIOS

startstudios.co.uk

6-13yrs in 2 groups. Basic principles of drawing

Haven Green Baptist Church, Ealing

Broadway, W5

THU

CRAFT

CERAMICS CAFÉ

ceramicscafe.com | 020 8810 4422

6 Argyle Rd, W13 8AB

FUN WITH FIMO CLAY

clare.format.com | 020 8992 3767

Acton

Workshops on specific dates

CUBS, SCOUTS, BROWNIES

1ST CHISWICK BROWNIES

girlguiding.org.uk

Term-time only

Oxford Rd North (Scout Hut)

THU

6TH CHISWICK BROWNIES

girlguiding.org.uk

Term-time only

Chiswick Methodist Church, Sutton Court Rd, W4 4HH

TUE

7TH CHISWICK BROWNIES

girlguiding.org.uk

Term-time only

St Albans Hall, South Parade, W4 5LG

MON

11TH CHISWICK BROWNIES

girlguiding.org.uk

Term-time only

St Michael's Church, Elmwood, W4 3DY

FRI

6TH CHISWICK RAINBOWS

girlguiding.org.uk

Term-time only

Oxford Rd North (Scout Hut)

WED

7TH CHISWICK RAINBOWS

girlguiding.org.uk

Term-time only

St Albans Hall, South Parade, W4 5LG

MON

6TH CHISWICK GUIDES

girlguiding.org.uk

Term-time only

Chiswick Methodist Church, Sutton Court Rd, W4 4HH

TUE

20TH CHISWICK SCOUT GROUP

20th-chiswick-scouts.blogspot.co.uk

Term-time only Beavers, Cubs, Scouts & Explorers

The Ranch, Chiswick House Car Park,

Ellesmere Rd, W4 2QN

MON WED THU

BROWNIES

stmellitushanwell.com | 020 3067 0035

7-10yrs

St Mellitus Church, 1 Church Rd, W7 3BA

WED

LITTLE & BIG KIDS

LANGUAGES

BILINGUAL BEATS

bilingualbeats.com

Spanish

Drink Me Eat Me, W6 0SP

MON

St Luke's Church, SW10 9HF

THU

CHISWICK FRENCH CLUB

chiswickfrenchclub.co.uk

Ravenscourt Park, W6 0TH

MON WED SAT

LINK CHINESE ACADEMY

linkchinese.co.uk | 020 3665 3942

SAT

LIBRARIES

ASKEW ROAD LIBRARY

lbhf.gov.uk | 020 8753 3863

5yrs+ Arts & Crafts

WED

5-12yrs Chatterbooks term-time only

FRI

5-10yrs Lego club

THU SAT

5yrs+ Games Club once a month

SAT

HAMMERSMITH LIBRARY

lbhf.gov.uk | 020 8753 3820

Poetry Club

TUE

Chatterbooks - once a month

TUE

Homework Club

MON THU

Art Club every two weeks

THU

5-11yrs French Club

SAT

SHEPHERDS BUSH

lbhf.gov.uk | 020 8753 3842

Homework Club term-time only

MON WED SAT

Craft Club term-time only

TUE

Storytime

WED

Code Club

THU

5yrs+ French Club

FRI SUN

Chatterbooks - fortnightly

SAT

MUSIC

CHISWICK SATURDAY MUSIC CENTRE

chiswicksaturdaymusic.org.uk |

07513 012 373

All ages, individual and group music lessons.

Chiswick School, Burlington Lane,

W4 3UN

SAT

DAVE DJEMBE DRUMMING

07539 323 590

African drumming 4yrs+

CTA Chiswick, Belmont Rd

Hogarth Youth Centre

WED FRI

THE BAND PROJECT

07771 456 955

8-11yrs & 11yrs+ live performance and

band-based course

Arch 196, W6 0XT

TUE SAT

EALING JUNIOR MUSIC SCHOOL

ejms.org.uk | 020 8930 0579

3yrs+ Term-time classes

Twyford C of E High School

SAT

LYRIC HAMMERSMITH

9-13yrs Sonic Pi Coding

TUE

7-12yrs ECCO First Steps

SAT

14-25yrs Studio Sessions

WED

7-11yrs Keyboard Centre

THU

5-12yrs Little Singers

THU

THE MUSIC HOUSE FOR CHILDREN

musichouseforchildren.co.uk | 020 8932 2652

Drop-in and instrumental tuition 0-14yrs

306 Uxbridge Rd, W12

St John's, Lansdowne Crescent, W11 2NN

MZ SINGING WORKSHOPS

tabernaclw1.com

The Tabernacle, W11

MON

PELICAN MUSIC

pelican-music.co.uk | 07540 494 929

Choir, instrumental tuition and

performance. 8yrs+

St Stephen's CE Primary W12

QUESTORS YOUNG MUSICIANS CLUB

qymc.org

Instrumental tuition and concerts

Little Ealing Primary School, W5

SAT

NUMERACY

KUMON

kumon.co.uk

Acton Central, St Mary's Church Hall,
1 The Mount, W3 9NW 020 8998 3379

MON WED

Acton West, West Acton Youth &
Community Ctr, Churchill Grdns, W3 0JN

TUE SAT

Chiswick Town Hall, W4 4JN

MON THU

Ealing South, Polygon Centre, St Mary's
Road, W5 5RH

TUE FRI SAT

Ealing West, Pitshanger Methodist
Church, W5 1QP

THU FRI SAT

St Stephen's Church Hall, Coverdale Rd,
W12 8JJ 020 3002 0735

WED FRI

Masbro Centre, 87 Masbro Rd,
W14 0LR 020 3397 8581

WED FRI

Northfields, Northfields Community
Centre, W13 9SS

MON THU SAT

Holy Trinity Church Hall, Richmond, TW9 1UP

MON THU

St Jude's Community Hall, W10 4QL

MON WED

NUMBERWORKSNWORDS

numberworksnwords.co.uk

86A Chiswick High Rd, W4 1SY
020 8994 9168

MON TUE WED THU FRI SAT

19 Alexandria Road, W13 0NP

020 8840 8404

MON TUE WED THU FRI SAT

PERFORMANCE

DANCE

ACTON BALLET SCHOOL

actonballschool.co.uk | 020 8992 6891

Ruskin Hall, 16 Church Rd, W6 0XT

MON TUE WED THU FRI

ANGELA GRANT SCHOOL OF DANCE

balletclasseslondon.co.uk | 07813 296 221

After-school RAD Ballet

St Dunstan's Hall, Friar's Place Lane, W3 7AW

WED

Victoria Hall, Becklow Rd, W12 9HB

THU

ACTON BALLET SCHOOL

actonballschool.co.uk

Ruskin Hall, 16 Church Rd, W3 8PP

MON TUE WED THU FRI

ANNA DAVYDOVA DANCE SCHOOL

annadavydova.co.uk | 07769 680 056

3-9yrs Ballet

St. Andrews Church Centre,
Mount Park Rd, Ealing, W5 2RS

MON TUE THU FRI SAT

BARBARA SPEAK STAGE SCHOOL

barbaraspeake.com

Ballet, street dance, tap, drama
East Acton Lane, W3 7EC

WED SAT

DANCE GALLERY

dancegallery.co.uk

Tap, street, hip hop, contemporary,
musical theatre

St Stephen's Church, St Stephen's Rd,
Ealing W13 8HB

MON TUE WED THU

EALING SCHOOL OF DANCE

ealingschoolofdance.co.uk | 07885 417 542

4yrs+ (2yrs ballet) RAD syllabus ballet and tap
Ealing Green Church, W5 5QT

THU FRI

FRANCES LUNDY SCHOOL OF DANCE

franceslundyschoolofdance.co.uk |

07956 312 662

4yrs+ Ballet, Tap & Modern; Gymnastics
The Hayloft, 3 Bond St, W4 1QZ

MON TUE WED THU FRI SAT

FUNKY MOVES DANCE

funkymovesdance.com | 07810 431 101

Street dance

St John's Church, Landsdowne Crescent
W11 2NN

SAT

INNOVATION DANCE EALING

innovationdancestudios.co.uk |

020 8998 2283

4yrs+ RAD syllabus ballet, tap, jazz,
modern and street dance

Innovation Dance Studio, 96 Pitshanger
Lane, W5 1QX

MON TUE WED THU FRI SAT SUN

LYRIC, HAMMERSMITH

lyric.co.uk

8-21yrs ZAD West Beginners - Advanced

FRI

11-21yrs Move it Mondays

MON

7- 21yrs (split age groups) Contemporary
dance class

THU

5-10yrs Children's ballet

SAT

11-16yrs Dance West Youth Company

MON

NEW ENGLISH BALLET THEATRE

lyric.co.uk

5-10yrs Ballet for beginners taught by
NEBT's ballet mistress during term-time.

King St, W6 0QL

SAT

MICHAEL FLATLEY DANCE ACADEMY

michaelflatleydance.com

4yrs+

Chelsea

MON

Kew

WED

Hammersmith

FRI

NEW DANCE VENTURES

newdanceventures.com | 07766 816 308

8yrs+ contemporary dance

The Dance Studio, Chiswick School, W4 3UN

TUE WED

PASSION DANCE ACADEMY

passiondanceacademy.com | 07882 413428

4yrs+ Acro gymnastics, performing arts
& dance

Alec Reed Academy, Northolt, UB5 5LQ

TUE THU SAT

PLEASING DANCE SCHOOL OF

BALLET

pleasingdance.co.uk | 020 7794 0905

2.5yrs+ RAD ballet

Westside School, Galena Rd, W6

TUE WED

SA DANCE

www.sa-dance.co.uk | 07863 555 817

Ballet, modern, tap, jazz, contemporary
and pilates. Classes for children & adults.

Blossom & Bee, Rear of Welsby Court,
Eaton Rise, W5 2EX

WED

University of West London, St Mary's Rd,
W5 5RF

SAT

THE ITALIA CONTI RUISLIP

italiacontiruislip.co.uk | 020 8839 8747

4yrs+ Ballet, modern, tap, gymnastics
Wiltshire Lane, Pinner, HA5 2LX

SAT

THE LONDON SCHOOL OF BALLET

londonschoolofballet.co.uk | 07794 943 034

5yrs+ RAD and Cecchetti

Ealing Quaker Meeting House, W5 2SE

MON

St Martin's Church Hall, W3 9SQ

TUE

YMCA WEST LONDON

ymcawestlondon.org

4yrs+ Dance and ballet. Term-time
25 St. Mary's Road, Ealing, W5 5RE

TUE WED

WEST LONDON DANCE

westlondondanceacademy.com |

07771 984 590

Ballet, Tap & Performance classes

IDTA accredited

St Michael and All Angels Parish Hall,
Priory Avenue, W4 1TX

MON WED THU FRI

WEST LONDON SCHOOL OF DANCE

westlondonschoolofdance.co.uk

2½ yrs+ Ballet, tap, jazz, singing
Village Hall, 58 Bulwer Street, W12 8AP

MON TUE WED THU FRI

Du Boisson Studios, 25 Bulwer St, W12 8AR

MON TUE WED THU FRI SAT

St Peters, 59A Portobello Rd, W11 3DB

MON TUE THU

Portobello Court, W11 2DL

WED FRI

THEATRE

ARTS ED

artsed.co.uk | 020 8987 6692

4-16yrs Weekly Skills Academy - fun
and exciting musical theatre, drama and
dance classes for students of all abilities.
Inspiring confidence, nurturing talent and
delivering great results

14 Bath Road, W4 1LY

SAT

ALLSORTS DRAMA

allsortsdrama.com

4yrs+

Notting Hill Preparatory School, W11 1QQ

FRI SAT

BARBARA SPEAK STAGE SCHOOL

barbaraspeake.com

6yrs+ Drama and singing
East Acton Lane, W3 7EC

SAT

BARNES MUSICAL THEATRE CLUB

barnesmusicaltheatreclub.com

4-7yrs

St Osmunds Church Hall, SW13 9RT

8-14yrs

Kitson Hall, SW13 9HJ

MON

CHISWICK THEATRE ARTS

chiswicktheatrearts.com | 020 8742 2861

Term-time musical theatre, ballet,
modern, tap, street dance

MON TUE WED THU FRI SAT

HAYA

thehuntacademy.co.uk

8-12yrs Youth Theatre with voice & speech
training, audition technique, stage combat
Brentford Free Church, Boston Manor Rd,
TW8 8DW

THU

PERFORM

perform.org.uk | 020 7255 9120

4-12yrs+ Drama and dance

Westway Sports And Fitness, 1 Thorpe
Close, W10 5XL

THU

Brook Green, Masbro Children's Centre,
87 Masbro Rd, W14 0LR

SAT

St Andrew's Church Hall, W14 9SX

THU

St Mary's West Kensington, W14 9BA

FRI

St Peter's Hall, 59A Portobello Rd, W11 3DB

WED FRI

Askew Road Church, W12 9RN

TUE

Arch 197, 75 Prebend Gardens, W6 0XT

THU

CHISWICK

HAMMERSMITH

ACTON

SHEPHERDS BUSH

EALING

Holy Innocents Church, W6 0UB

THU

St Albans Fulham, W6 8HJ

TUE

Arts Educational Schools, 14 Bath Rd, W4 1LY

SUN

Chiswick Town Hall, W4 4JN

TUE

Ark Priory Primary Academy, Acton Lane, W3 8NR

MON

Acton Park Children's Centre, W3 7LJ

SAT

Everyone Active Acton Centre, W3 6NE

MON

All Saints Church, Elm Grove Rd, W5 3JH

THU

Kew Community Centre, St Luke's in the Avenue, TW9 2AJ

THU

Brentford Methodist Church, Clifden Rd, TV8 0PB

MON

St Barnabas Millennium Hall, Pitshanger Lane, W5 1QG

MON TUE WED SAT

Barnes Methodist Church Hall, SW13 0NH

MON FRI

St Mary Magdalen RC Church, SW14 8PR

SAT

St Paul's Church Hall, W13 9XW

TUE

POP SCHOOL & STAGE ACADEMY

psa.co.uk | 07943 656 092

7-16yrs PSSA Stage Academy & 11-16yrs

Commercial street jazz

Westside Community School,

8-30 Galena Rd, W6 0LT

SAT

QUESTORS

questors.org.uk

5-18yrs Questors Youth Theatre

12 Mattock Lane, W5 5BQ

MON TUE WED THU FRI SAT

SCHOOL OF COMEDY

schoolofcomedy.com | 07912 222 670

4-18yrs+ Stand-up, improvisation

Chiswick

WED FRI

SONG ACADEMY

songacademy.co.uk | 07710 023 743

8+yrs Song writing

Arts Ed, 14 Bath Rd, W4 1LY

MON

Holy Trinity Church, Brook Green, W6 7BL

THU

The Tabernacle, Notting Hill, W11 2AY

THU

St Dionis Church, Fulham, SW6 4UH

THU

STAGECOACH

stagecoach.co.uk

4yrs+ Drama, Dance and Singing

Chiswick Strand on the Green School,

Thames Rd, W4 3NX

FRI

William Hogarth School, Duke Rd, W4 2JR

SAT

Addison Primary School, Blythe Rd, W14 0DT

FRI

St Barnabas & St Philips School,

58 Earls Court Rd, W8 6EJ

SAT

Kensington United Reformed Church,

Allen Str, W8 6BL

SAT

Broomfield House, Kew Gardens

SAT

St Vincent's Catholic Primary School,

Pierpoint Rd

SAT

Kings House School, Richmond

SAT

Lady Margaret School

SAT

Bramblehow Primary School, Putney

SAT

St Stephen's Church, Putney

FRI

Kensington United Reformed Church

SAT

North Ealing School, Ealing

THU

Hobbayne Primary School, Ealing

SAT

THEATRE STUDIO WEST

marinamellor.co.uk | 020 8994 8751

4yrs+

The Studios, Priory Community Centre,

W3 8NY

SAT

YOURSTAGE DRAMA

yourstagedrama.com | 07580 474638

6-16yrs Dance & drama

St Augustine's Priory, Hillcrest Rd, W5 2JL

SAT

READING / STORYTELLING

WATERSTONES CHISWICK

waterstones.com/bookshops/chiswick

5yrs+ storytelling

WED

SCIENCE / STEM

BLUE SHIFT CODING

blueshiftcoding.com

Beginner

The Corner House, W6 7PD

TUE

CYPHER CODERS

cyphercoders.com

5-12yrs

Chiswick & Notting Hill

MON SAT

LITTLE & BIG KIDS

LITTLE HOUSE OF SCIENCE

littlehouseofscience.com

4yrs+

Notting Hill & Kensington

MON TUE WED THU SAT

MINI ENGINEERS

mini-engineers.com

5-11yrs Lego construction & coding

Imperial College London, SW7 2AZ

SAT

RICHER EDUCATION

richereducation.co.uk

7-14yrs STEM 4-11yrs Science, 7-12yrs

Robotics, 7-12yrs Mechatronics, 5-9yrs

Maths, 8-14yrs Engineering, 7-14yrs Coding

(Python)

Imperial College London, SW7 2AZ

SAT SUN

THE BUILD IT WORKSHOP

thebuilditworkshop.com

After-school drop-off club

Chiswick Town Hall, W4 4JN

MON

SPORT

ATHLETICS

ST MARY'S RICHMOND AC

smrac.org.uk

8yrs+ term-time

St Mary's University Running Track, TW1 4SX

TUE

THAMES VALLEY HARRIERS

thamesvalleyharriers.com | 07951 927 724

8yrs+

Linford Christie Centre, W12

SAT

CLIMBING

CLIP N CLIMB

clipnclimbchelsea.co.uk

19 Michael Road, SW6 2ER

WESTWAY CLIMBING

westwaysportcentre.org.uk | 020 8969 0992

5yrs+ after-school sessions; 12yrs+

Westway Sport Centre, 1 Crowthorne Rd,

W10 6RP

CRICKET

CHISWICK CC

chiswickcc.co.uk

6yrs+

Riverside Drive, W4 2SP

TUE SAT SUN

CHISWICK & WHITTON CC

chiswickandwhitton.org

11yrs+

Whitton Park & Chiswick House

COACHING CRICKET EXCELLENCE

coachingcricketexcellence.co.uk |

07958 981 919

6yrs+

Twyford Sports Centre

SUN (AND OTHERS)

EALING CRICKET CLUB

ealingcc.co.uk

7yrs+ Girls and boys

Corfton Rd, W5 2HS

SUN

INDIAN GYMKHANA

indiangymkhanaclub.co.uk

Colts and girls 8yrs+

Thornbury Avenue, TW7 4NQ

TUE THU SUN

FOOTBALL

CHELSEA FC SOCCER SCHOOL

chelseafc.com/soccer-schools

Barnes

SAT

EXCEL SPORTS SOCCER SCHOOL

excelsports.info | 07956 151 559

4yrs+

Kings House Sports Ground

TUE WED

University of Westminster Sports Ground,

Hartington Rd, W3 3UH

SAT

FOOTY FUN 4 KIDS

footyfun4kidslondon.com | 0795 7360 742

4-12yrs Saturday Morning Club Drop in.

Kingsdown Methodist Church, Northfield's

Ave, W13 9PR

TUE

Blondin Park, Northfields

SAT

Walpole Park, Ealing

SUN

FULHAM FC

soccerschools.fulhamfc.com |

0870 442 5432

Boys & girls 3-14yrs

Bishops Park, SW6

MON SAT

KEW PARK RANGERS

kewparkrangers.co.uk | 020 8940 9882

U4½-U8yrs

North Sheen Recreation Ground

SAT

U9-U10yrs+ All girls' teams

Christ's School, Queen's Rd, TW10 6HW

SAT

U11-U15yrs

University of Westminster

MON TUE THU SAT

(check which day applies)

North Sheen Recreation Ground, TW9 4HA

KIDDIKICKS LIGASOCCER

kiddikicks.co.uk
8-11yrs
Christ's School, Queen's Rd, TW10 6HW
(Until March 25)
King's House Sports Ground, W4 2RZ
(from April)
Brentford Fountain Leisure Centre, TW8 0HJ
(November to March)

LITTLE KICKERS

littlekickers.co.uk | 07557 123 124
5yrs+ Chiswick
Hogarth Community Centre, Duke Rd, W4 2JR
WED | SAT
St Stephen's Social Club, 3-5 Gayford Rd, W12 9BY
THU

QPR SOCCER SCHOOL

qprcommunitytrust.co.uk | 020 8735 4900
Botwell Leisure Centre, Hayes, UB3 2HQ
MON
PlayFootball, 41 South Africa Rd, W12 7RW
SAT
Goals Ruislip, HA4 0JE
WED

RAVENSCOURT PARK RANGERS

k4academies.com | 020 3740 2988
4yrs+
Ravenscourt Park, W6 0UL
SAT
Latymer Sports Ground, W12 0HJ
TUE

ROCKSLANE MULTI-SPORT CENTRE

rockslane.co.uk | 020 8994 1313
4yrs+ Team training and matches
Chiswick Common Rd, W4
FRI | SAT

SHOOTING STARZ

shootingstarz.co.uk | 07549 982 243
Football, netball, multi-skills clubs
The Park Club, W3 7HB
WED | FRI | SAT | SUN

THE LITTLE FOXES CLUB

thelittlefoxesclub.com | 020 7376 0006
5yrs+ Tennis, football & Foxes FC
Brook Green Tennis Courts
WED
Turnham Green Church (on the green)
THU | SAT
Ravenscourt Park
SAT
Pitshanger Park, Ealing
TUE | SAT

WE MAKE FOOTBALLERS

wemakefootballers.com | 020 7148 1602
4yrs+
Chiswick School, Burlington Lane, W4 3UN
MON | THU | SAT

WESTWAY SPORTS CENTRE

sports.westway.org | 020 8969 0992
4yrs+ classes and goalkeeper training
Crowthorne Rd, W10
MON | TUE | WED | THU | FRI | SAT

WILL TO WIN FOOTBALL

willtowin.co.uk
3-10yrs. Drop-in and term-time courses
Lammas Park, Ealing, W13 9NJ
MON | WED | THU | SAT
Pitshanger Park, Ealing, W13 8DJ
SAT

GYMASTICS & YOGA

AERIALAND

aerialand.com | 07737 624 296
5yrs+ Term-time aerial circus skills
8-30 Galena Rd, W6
MON | THU

ALBERT & FRIENDS INSTANT CIRCUS

albertandfriendsinstantcircus.co.uk | 02082371170
Youth / Family Circus Skills, Aerial classes
The Hub, St Alban's Church, 2 Margravine Rd, W6 8HJ
Melcombe Primary School, Fulham Palace Rd, W6 9ER

ENNIS GYMASTICS ACADEMY

ennis-gymnastics.com | 07731 393422
5-8yrs Rhythmic gymnastics
Perivale Community Centre, Horsenden Lane South, UB6 7NP
TUE | THU | FRI | SUN

HEATHROW GYMASTICS

heathrowgymnastics.org.uk | 020 8569 5069
4yrs+
Green Lane, TW4
DAILY

LUMI KIDS

lumipoweryoga.com/little-lumis | 020 8846 8504
5-12yrs
121 King St, W6 9JG
TUE

LONDON TRAMPOLINE ACADEMY

londontrampoline.com | 07950 267655
4yrs+ Trampoline training
Reynolds Sports Centre, Acton
MON | TUE | THU | SAT
Osterley Sports and Athletics Centre, Isleworth
WED | FRI

RICHMOND GYMASTICS

richmondgymnastics.co.uk
4yrs+ Term-time
Townmead Rd, TW9
(and other locations)
DAILY

OXYGEN SCHOOL OF TRAMPOLINING

oxygenfreejumping.co.uk
6-11yrs; 12yrs+ Beginners & intermediates
Oxygen Freejumping, Unit 15, Vision Industrial Park, Kendal Ave, W3 0AF
MON

THE LITTLE GYM

thelittlegym.eu/Chiswick | 020 8994 3279
6yrs+ Beginners to advanced, aerials, gymnastics, dance, karate and tumbling
Hartington Rd (off A316), W4 3AN
MON | TUE | WED | THU | FRI | SAT

TWISTERS

twisters.org.uk | 020 8933 9997
Chiswick & Acton 4yrs+ Ballet & Gymnastics
Acton Baptist Church Hall, Church Rd, W3 8PP
TUE | WED | THU

YMCA WEST LONDON

ymcawestlondon.org | 020 8832 1576
4yrs+ Gymnastics. Term-time
St. James' Church, St James Ave, W13 9DL
TUE

MARTIAL ARTS

CARLSON GRACIE

carlsongracieteam.org.uk | 020 8748 8855
7yrs+ Judo, Brazilian Jiu-Jitsu, kick-boxing
89 Richford St, W6 7HJ
MON | WED | THU | SAT

CROUCHING TIGER KARATE

crouchingtigerkarate.co.uk | 07734 655 057
6yrs+
St Michael's Church, Elmwood Rd, W4 3DZ
Dukes Meadows Community Hall W4 2RX
St Luke's House, Kew, TW9 3NP
WED | THU | FRI

ILYEO TAEKWONDO CLUB

ilyeotaekwondo.com | 07872 932 223
5yrs+ Beginners welcome
Russian Orthodox Church, Harvard Rd, W4 4ED
MON | SAT

PEEWEE KARATE

fskauk.co.uk
3-6yrs
Scout Hall, TW9 3QA
MON
St Michael's Community Centre, Barnes Bridge, SW13 0NX
MON

WLS TAEKWONDO

wlstkd.com | 07885 819 469
4yrs+
Brentside High School, Greenford Ave, W7 1JJ
FRI
Our Lady of the Visitation Parish Centre, Greenford Rd, UB6 9AN
WED
St John's Fisher School, Sarsfield Rd, UB6 7AF
TUE | THU
Oaklands Primary School, Oaklands Rd, W7 2DP
MON

NETBALL

LET'S PLAY NETBALL

letsplaynetball.co.uk
6yrs+
Chiswick School, Burlington Lane, W4 3UN
SUN
Westway Sports Centre
SAT

ROCKSLANE HIGH 5

rockslane.co.uk
Term-time junior netball league
Chiswick Common Road, W4
FRI

WILL TO WIN NETBALL

willtowin.co.uk
High 5 and 7-a side term-time courses
7-11yrs (Years 3, 4, 5 & 6)
Chiswick House Grounds (off A4), W4 2RP
FRI
Lammas Park, Ealing, W13 9NJ
TUE
Pitshanger Park, Ealing, W13 8DJ
MON

PARKOUR & FREERUNNING

FOUCAN FREERUNNING ACADEMY

foucan.com/ffa
Beginners, intermediates, advanced 7yrs+
West London Free School Primary Cambridge Grove, W6 0LB
MON | TUE | WED | SAT
Boston Manor Park (until mid-October)
FRI

PARKOUR GENERATIONS

parkourgenerations.com
7yrs+ & youth Freerunning, in & outdoor
Various locations, check website
WED | FRI | SAT

RIDING

EALING RIDING SCHOOL

ealingridingschool.net
5yrs+ group & private lessons and pony days
17-19 Gunnersbury Avenue, W5 3XD
TUE | WED | THU | FRI | SAT | SUN

STAG LODGE RIDING

ridinginlondon.com | 020 8974 6066
Group and private lessons and weekend pony club
Robin Hood Gate, Richmond Park
TUE | WED | FRI | SAT | SUN



CHISWICK
HAMMERSMITH
ACTON
SHEPHERDS BUSH
EALING

RUGBY

BARNES RFC

barnesrfc.org
5yrs+ term-time
Queen Elizabeth Walk, SW13
SAT

CHISWICK RFC JUNIORS

chiswickrugby.co.uk
4yrs+ boys and girls
Dukes Meadows, Dan Mason Drive,
W4 2SH
SUN

EALING RUGBY CLUB

ealingrugby.co.uk |
020 8932 6936 / 07941 861293
4yrs+ all standards training and matches
Trailfinders Sports Club, West Ealing,
W13 0DD
SUN

GRASSHOPPERS RFC

grasshoppersrfc.com | 020 85680010
4yrs+ training and matches
Macfarlane Lane, off Syon Lane, TW7 5PN
SUN

HAMMERSMITH & FULHAM RFC

fulhamrugby.co.uk
5yrs+ training & matches
Hurlingham Park, SW6 3RQ
SUN

LITTLE RUGBY

littlerugby.co.uk
5-7yrs Mega rugby
Hogarth Youth Centre, Duke Rd, W4 2JR
SUN

LONDON SCOTTISH

londonscottish.com | 020 3397 9551
5yrs+ training and matches
Richmond Athletic Ground, TW9
SUN

LONDON WELSH

londonwelshminis.org | 020 89402368
5yrs+ minis, tag, touch
London Welsh RFC, Old Deer Park,
Kew Rd, TW9 2AZ
SUN

WASPS FC

pitchero.com/clubs/waspsfootballclub |
020 8993 8384
4yrs+ boys and girls coaching and matches
Twyford Avenue Sports Ground, W3 9QA
SUN

SKATEBOARDING

BAYSIXTY6

baysixty6.com | 020 8969 4669
7yrs+ beginners/intermediates
65 Acklam Rd, W10

SAT SUN

MYLITTLEBOARDERS

mylittleboarders.co.uk | 07801 824 688
6yrs+ intermediate & advanced
Westway Sports Centre, W10 6RP
SUN

SWIMMING

AQUATOTS BABY SWIMMING

aquatots.com | 020 8688 6488
Up to 6yrs term-time
Chiswick

BRENTFORD FOUNTAIN LEISURE CENTRE

fusion-lifestyle.com
4yrs+ term-time group & individual classes
658 Chiswick High Rd, TW8

JANET ADEGOKE SWIMMING POOL

better.org.uk | 020 8735 4900
Phoenix Fitness Centre, W12
DAILY

KENSINGTON LEISURE CENTRE

better.org.uk | 020 3793 8210
Silchester Rd, W10
DAILY

LAURA SEVENUS

sevenus.com | 020 8834 7442
11 Wilson Walk, W4
DAILY

NAUTILUS SWIMMING

nautilusswimming.com
Latymer Upper School, W6 9LR
DAILY
Holland Park School, W8 7AF
SUN

NEW CHISWICK POOL

fusion-lifestyle.com | 0845 456 6675
Edensor Rd, W4
DAILY

POOLS ON THE PARK

springhealth.net/Richmond
Old Deer Park, TW9
DAILY

SPORTS GENERATION

sportsgeneration.co.uk
Roko Chiswick Bridge, W4
TUE THU FRI SAT SUN
Private pool, Richmond, TW10 7AD
DAILY
Cedars Health Club, Richmond Hill
DAILY

SWIM EXPERT

swimexpert.co.uk | 0330 111 2929
2yrs+ 1-2-1 swimming classes Novotel
London Brentford, Great West Rd, TW8 0GP

SWIMFARM

4strokeswimming.co.uk | 020 8969 6758
4yrs+ term-time classes
Westway Sports Centre, W10
DAILY

SWIMMING NATURE

swimmingnature.com
1:1 or 1:2 ratio
Fitness First Hammersmith, W6 7HA
TUE WED THU FRI SAT
Kensington Holiday Inn, W8 5SP
MON TUE WED THU FRI SAT

SWIMWAY

swimway.co.uk | 020 8871 3972
Term-time 1:1 or small classes
Gordon Ave, SW14 8DZ
U9s
WED THU FRI
The Mall, SW14 7EN
MON TUE WED
Sheen Mount School, SW14 7RT
Kew Gardens, TW9 4HH
MON THU
Kensington W8 7QG
MON TUE WED THU FRI

TENNIS

CHRISTIAN GALLAN'S LOVE TENNIS

love-tennis.co.uk
Chiswick Tennis Club, Burlington Lane,
W4 3EU
TUE WED THU FRI
Hartswood Tennis Club, W12 9NE
MON WED THU FRI SAT SUN
Westminster Sports Grounds, W4 3UH
TUE WED THU FRI SAT SUN

DUKES MEADOWS

dukesmeadows.com | 020 8994 3314
5yrs+ Term-time group, individual,
beginner to elite. Indoor & outdoor
DAILY

ONTHEBALL TENNIS WITH MAHMUDA

ontheballtennis.co.uk | 07813 163 430
4yrs+ group, individual and camps
Ravenscourt Park Tennis Courts, W6 0UA
MON WED TUE SAT

ROCKS LANE

rockslane.co.uk | 020 8994 1313
4yrs+ junior coaching

TEDDY TENNIS

teddytennis.com | 0845 643 1173
5yrs+ classes using music and pictures
Kensington Leisure Centre (indoors)
DAILY

WESTWAY SPORTS CENTRE

sports.westway.org | 020 8969 0992
4yrs+ mini tennis & pay and play
MON TUE WED THU FRI SAT

WILL TO WIN TENNIS

willtowin.co.uk
3yrs+ Mini Tots / Mini Red / Orange /
Green / Yellow
Drop-in, courses, camps and free court
time for kids
Chiswick House Grounds (off A4), W4 2RP
Lammas Park, Ealing, W13 9NJ
Pitshanger Park, Ealing, W13 8DJ
MON TUE WED THU FRI SAT

WATER SPORTS

CANALSIDE ACTIVITY CENTRE

rbkc.gov.uk
9yrs+ Kayaking, canoeing, raft building
Canal Close, W10 5AY
TUE THU SAT

CHISWICK SEA CADET UNIT

12yrs+ Sailing & adventure training
The Pier House, Corney Reach, W4 2UG
WED SUN

LONDON CORINTHIAN SAILING CLUB

lcsc.org.uk
RYA accredited courses for beginners
upwards
Linden House, 60 Upper Mall, W6 9TA

THAMES YOUNG MARINERS

01372 378 901
Sailing courses for beginners
Riverside Drive, Ham, TW10 7RX
SAT SUN

OTHER

FIRST HAND EXPERIENCES

firsthandexperiences.co.uk
3-14 yrs Nature inspired day and sleep
away camps that celebrate the natural
world through art & craft, theatre, music
and whole food adventures
SW6 & CU27

QUEENS ICE SKATING & BOWLING CLUB

queensiceandbowl.co.uk
5yrs+ Group and individual lessons
Bayswater, W2
DAILY

ST PAUL'S FENCING CLUB

stpaulsfencingclub.com | 07961 061 662
8-10yrs 17.30
Lonsdale Rd, SW13 9JT
TUE

SAXON FENCING CLUB

saxonfencing.co.uk
14yrs+
Twyford Sports Centre, W3 9PP
THU

W4 LACROSSE CLUB

info@w4lacrosse.com
11yrs+ Term-time only
Astro pitches, Hartington Rd (by Roko),
W4 2UH

PARTIES

Our Parties section has moved online. Scan this QR code to go straight to the directory where you'll find venues and halls for hire, party companies that take care of everything, and plenty of ideas if you're tearing your hair out.



Alternatively, head to
www.citykidsmagazine.co.uk/party-venues
for more details.



Albert & Friends
Instant Circus

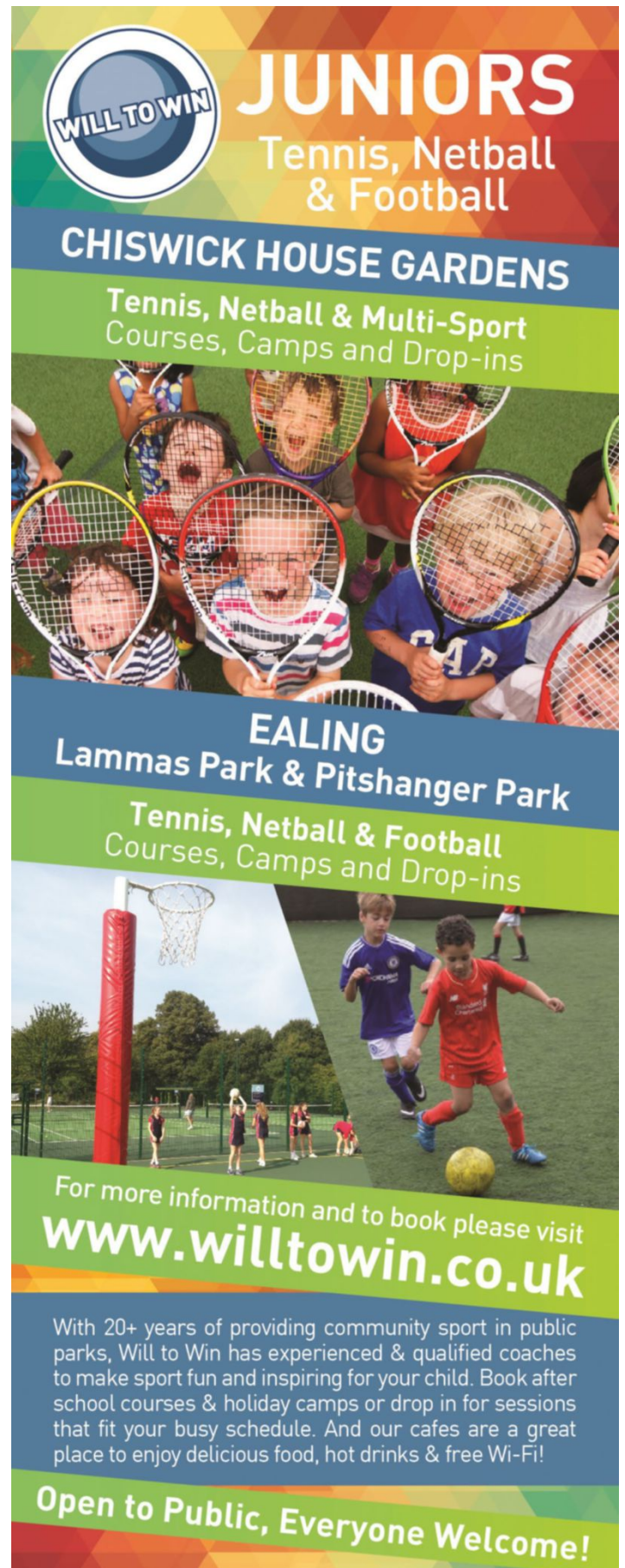
INSPIRING young people through circus

FUN & EXCITING CIRCUS SKILLS
FOR ALL AGES & ABILITIES

WEEKLY WORKSHOPS
HOLIDAY PROJECTS
BIRTHDAY PARTIES

BOOK YOUR FREE TRIAL **0208 237 1170**

www.albertandfriendsinstantcircus.co.uk



WILL TO WIN JUNIORS
Tennis, Netball & Football

CHISWICK HOUSE GARDENS
Tennis, Netball & Multi-Sport
Courses, Camps and Drop-ins

EALING
Lammas Park & Pitshanger Park
Tennis, Netball & Football
Courses, Camps and Drop-ins

For more information and to book please visit
www.willtowin.co.uk

With 20+ years of providing community sport in public parks, Will to Win has experienced & qualified coaches to make sport fun and inspiring for your child. Book after school courses & holiday camps or drop in for sessions that fit your busy schedule. And our cafes are a great place to enjoy delicious food, hot drinks & free Wi-Fi!

Open to Public, Everyone Welcome!



HOLIDAY CLUBS TO THE RESCUE

PERFORMING ARTS

ARTS ED

artsed.co.uk

4-16yrs | Drama, musical performances, improv & imaginative play
Chiswick

POP & STAGE SCHOOL ACADEMY

pssa.co.uk

4-18yrs | Themed week-long camps
Chiswick

SONG ACADEMY

songacademy.co.uk

8-12yrs | Write, produce, perform and record a song
Brook Green

MUSIC HOUSE FOR CHILDREN

musichouseforchildren.co.uk

Various ages
Shepherds Bush

THEATREBUGS CHISWICK

theatrebugs.co.uk

3½-6yrs | Acting, singing, dressing up
Chiswick

XBAND STUDIO SCHOOL OF ROCK POP AND MORE

xbandstudio.com

8-18yrs
Ealing

CHISWICK THEATRE ARTS

chiswicktheatrearts.com

4-14yrs
Chiswick

PERFORM

perform.org.uk

4-12yrs | Drama, dance and singing
Shepherds Bush & Chiswick

THE BAND PROJECT

thebandproject.co.uk

4-7 & 8-16yrs | The complete band experience
Chiswick, Ealing, Notting Hill

ART & DESIGN

FUN WITH FIMO CLAY

6yrs+

funwithfimo clay.co.uk

Acton

KITE STUDIOS

kitestudios.org

Various ages | Arts and crafts
Shepherds Bush

BRITISH FILM INSTITUTE

bfi.org.uk

8-14yrs | Workshops
Southbank

YOUNG FILM ACADEMY

youngfilmacademy.co.uk

8-19yrs | 1- 4 day courses in film-making
Chelsea, St John's Wood, Wimbledon

THE ROYAL INSTITUTE OF BRITISH ARCHITECTS

architecture.com

7-18yrs | Design workshops
W1

SPORT

WILL TO WIN

willtowin.co.uk

3-16yrs | Week-long tennis, football & netball camps
Chiswick, Ealing

THE LITTLE GYM CHISWICK

thelittlegym.co.uk/chiswick

3-12yrs | 3 hour themed camps
Chiswick

SPORTS GENERATION

sportsgeneration.co.uk

Various ages | Swimming and football crash courses.
Richmond

DUKES MEADOWS

dukesmeadows.com

5yrs+ | Golf & Tennis camps
Chiswick

THE LITTLE FOXES CLUB

thelittlefoxesclub.com | 0207 376 0006

18mths-12yrs | Football, Tennis & Rugby
Acton, Chiswick, Hammersmith

EALING CRICKET CLUB

ealingcc.co.uk

4-15yrs | Premier Cricket Coaching
Ealing

ON THE BALL TENNIS

ontheballtennis.co.uk

5-15yrs | Daily drop-in tennis camp
Ravenscourt Park

EXCEL SPORTS CAMPS

excelsports.org.uk

4-12yrs
Chiswick

FIT FOR SPORT

fitforsport.co.uk

3-12yrs
Chiswick, Acton, Barnes

HARTSWOOD TENNIS CLUB

hartswoodtennis.co.uk

5-15yrs | Drop-in holiday camps
Chiswick

HEATHROW GYMNASTICS

heathrowgymnastics.org.uk

4-12yrs | All abilities.
Hounslow

RICHMOND GYMNASTICS

richmondgymnastics.co.uk

5-16yrs
Kew

ROCKS LANE

rockslane.co.uk

4-16yrs | Multi sports and football
Chiswick

WESTWAY SPORTS CENTRE

westwaysportscentre.org.uk

4-16yrs | Tennis, football and climbing
Holland Park

SKATEBOARDING CLUB

mylittleboarders.co.uk

6yrs+
Westway, Westminster Academy, Royal Oak

EALING RIDING SCHOOL

ealingridingschool.biz

5yrs+ | Riding & stable management days
Ealing

TEAMSPORT IN ACTON

team-sport.co.uk

8yrs+ | Karting
Acton

ALBERT & FRIENDS INSTANT CIRCUS

albertandfriendsinstantcircus.co.uk

Circus and creative arts
Hammersmith

CLUB DE SPORTS

clubdessports.co.uk

Football, netball, tennis, cricket, gymnastics, ballet, karate, boxing
The Park Club, East Acton Lane, W3 7HB

MULTI-ACTIVITY

SUPER CAMPS

supercamps.co.uk | 01235 467 300

4-12yrs Ofsted Registered, Childcare Vouchers accepted
Ealing, Hammersmith, Putney & Isleworth

EXPLORATION SOCIETY

explorationsociety.co.uk

Get a group of 6 friends together to take part | Shelter building, climbing, swimming, sailing, high ropes

LET ME PLAY

letmeplaysports2.moonfruit.com

11-19yrs | Free activities incl. dance, drama, sport, cookery, art, fashion and music
Hammersmith

ROYAL INSTITUTION

rigb.org.uk

7yrs+ | Various science-based workshops
Mayfair

MAD SCIENCE

madsience.org.uk

4-11yrs

Various locations

TREEHOUSE LEARNING

treehouselearning.co.uk

3-10yrs+ | Forest school and bushcraft
Ham

PICCOLO PLAYCENTRE

piccoloplaycentre.co.uk

4-11yrs
Chiswick

HIGH FLIERS

high-fliers.org.uk

4-11yrs | Creative writing, ICT, scientific enquiry and sports team-building
Ealing

MINIVERSITY

miniversity.com

4-12yrs | Creative learning clubs
Chelsea

ROLE MODELS

rolemodels.me

8-12yrs | Confidence & Resilience and Enterprise & Creativity Courses
Chelsea & Notting Hill

SHARKY & GEORGE

sharkyandgeorge.com

5-8yrs | Kites and plane flying, boat racing, art attack, nerf battles, adventure races, survival skills, science madness
W2

BLUE{shift}

blueshiftcoding.com

5-12yrs | Everything from Robotics and Coding to Minecraft and Python
Notting Hill & Hammersmith

CAMP BEAUMONT

campbeaumont.co.uk

6-16yrs | Multi-activity day camp
Hammersmith

CHISWICK COURSES

chiswickcourses.co.uk

5-16yrs | Film-making, fashion, street dance, cookery, Lego & entrepreneur workshop
Acton

ET PATATI ET PATATA

4-18yrs Fun French Holiday Day Camp

etpatatipatata.com

SW6

PEOPLE

Describe yourself
in three words

Enthusiastic, determined,
impatient.

How did Don't Buy Her Flowers come about? The idea came after I had my first baby. I felt exhausted, elated and overwhelmed, and it struck me as bizarre that the go-to gift for new mums was flowers, which require looking after when you're already pretty spent! I could see how important it was that new mums be looked after and what a difference someone saying 'Are you ok? I'm thinking of you,' can make. We started as gifts for new mums and now our packages are sent for lots of other occasions, too.

What were you doing before DBHF and did it help? I was in brand and marketing on large Government campaigns, and then London 2012. It helped massively – I knew the importance of understanding your audience and project management. The budgets are very different, and nothing could have prepared me for how difficult running my own business would be – everything is on you and that's tough, but it's also the best thing I've ever done.

What's a typical day like? I'm currently on maternity leave, except not entirely because, when you run a business and there are salaries to pay, it's not possible to just stop. It's a bit of a juggle at the moment as I'm home with Frank, but when he naps (if I'm not napping!), I am working on longer term plans and interviews, and we're about to hit Mother's Day, which is a huge one for us.

What's been the biggest lesson learnt about business? To stay focused and not



WHO IS? STEPH DOUGLAS



THE ST MARGARETS RESIDENT TALKS BUSINESS AND BECOMING A FAMILY OF FIVE



get distracted by what others are doing, or try to do too much too soon, I think. I'm really clear on what Don't Buy Her Flowers is – we sell thoughtful gift packages. There are lots of gorgeous gift ideas, but ours are about encouraging the recipient to have a sit down, and letting them know they are loved, because someone wants to take care of them.

Instagram: love it or hate it? Love it! I love the community feel of it – being a business owner can be pretty lonely, especially at the beginning. It's fantastic for meeting like-minded people, and to also find customers.

Describe the change from a family of four to a family of five [Frank is the latest addition to the family, born in November]

A lot more washing and a lot less sleep! We're in the early stages so mostly knackered, but it's so lovely to see a different, nurturing side to the big kids – they love Frank and are so excited every time he does something new.

Who inspires you? Anna Whitehouse (Mother Pukka) is the most driven person I know.

What's the best piece of advice you've ever been given? If you're 70% sure of

something, go for it. If you wait for perfection it'll never happen, and you can always change things once you get going. That was Ben Jones, a friend, and one of the founders of Graze.com.

What would you take to a desert island? A bed. I can't think beyond sleep currently!

What's your favourite spot in London? I love where we live in St Margarets, and we love going to Kew Gardens.

Tell us one thing that people don't know about you? When I was at university, I applied to go on a TV show called Bar Wars and got to interview stage.

Signature dish? Jacket Potato.

Last book you read? *The First Forty Days: The Essential Art of Nourishing the New Mother.*

What's next? There are lots of exciting things happening at DBHF! We've seen huge growth in the number of corporate clients, which is exciting, and we have so many ideas. Personally, I also want to enjoy the next few months as much as possible as I don't plan to have any more babies. It's taken me until the third one to realise that taking it easy is the key!

Steph Douglas is Founder of Don't Buy Her Flowers, selling thoughtful gift packages.
www.dontbuyherflowers.com
Instagram: @steph_dontbuyherflowers
Facebook: Dontbuyherflowers
Twitter: @DBHFgifts

For the full interview, head to
www.citykidsmagazine.co.uk/features



Happy Kids dental

NOW TAKING BOOKINGS

A dental experience like no other!

We're excited to announce a brand-new concept in children's dentistry:

Happy Kids Dental is the biggest private paediatric practice in the UK and combines a 'theme park' atmosphere with state-of-the-art facilities.

Staffed by consultant paediatric dentists, it will transform the chore of a dental visit into an event your kids will actually look forward to.

From toddlers to teens, we cater to kids of all ages (0-18) and will change their preconceived ideas about dentistry.

As a parent, what can you expect from us?

Among other things, we offer:

15 surgeries, staffed by consultants in paediatric dentistry

Extended opening hours, including evenings and weekends

Age-specific waiting 'zones', with attractions ranging from entertainers to WiFi

A dedicated treatment coordinator, to oversee your child's dental care, from A to Z

A comprehensive spectrum of treatments, from hygiene to oral surgery

The latest technology, including pain-free anaesthesia and laser dentistry



To learn more, read our article in this issue, or simply come into our practice and check it out – we look forward to meeting you and your kids!

Visit us at happykidsdental.co.uk
Call us on **020 7078 0822**

74-78 Seymour Place, Marylebone, London W1H 2EH



70 years of teaching children to fly

Open day

2 March, 2pm - 3.30pm

Founded in 1947, Bassett House in Notting Hill is a proudly non-selective, co-educational prep school for 3 – 11 year olds.

We believe every child can learn to fly. Individual attention combined with our exciting curricular and extra-curricular activities encourage children to think fearlessly and creatively, producing excellent academic results.

In the words of Mrs Philippa Cawthorne, the headmistress: 'The spirit and enthusiasm of our pupils has to be seen to be believed.'

To arrange a visit, please call our registrar, Mrs Thalia Demetriades, on 020 8969 0313 or email registrar@bassetths.org.uk.



Bassett House School, 60 Bassett Road, London W10 6JP

020 8969 0313 | registrar@bassetths.org.uk | bassetths.org.uk

